



58TH ASIAN BODYBUILDING AND PHYSIQUE SPORTS CHAMPIONSHIPS 2026

22nd to 28th September 2026 - Bangkok City, Kingdom of Thailand

Organized by: Thailand Bodybuilding and Physique Sports Association

Under the umbrella of the Asian Bodybuilding and Physique Sports Federation

Approved and sanctioned by: World Bodybuilding and Physique Sports Federation &

Sports Authority of Thailand and National Sports Development Fund Under the supervision of Ministry of Tourism and Sports

: FINAL ENTRY FORM :

IN ORDER TO ASSIST IN THE PLANNING AND ORGANIZATION OF THIS CHAMPIONSHIPS, PLEASE COMPLETE THE AMENDED FINAL ENTRY FORM TO BE RETURNED BY NOT LATER THAN 15th AUG, 2026

FILL FORM IN CAPITAL LETTERS

Name of Federation	
Email Address	
Person to Contact	
Mobile No	

ABBF OFFICIALS, EXECUTIVE COMMITTEE MEMBERS, SUB-COMMITTEE MEMBERS, JUDGES, DELEGATES, TEAM MANAGER COACH ENTRY AND TEST JUDGE

SR NO	NAME	GENDER	DESIGNATION

***KINDLY REFER TO THE ATTACHED LIST OF CATEGORIES FOR ATHLETE ENTRY**

ATHLETES ENTRY

SR NO	NAME	GENDER	CATEGORY
01	SARVESH PARADKAR (EXAMPLE)	MALE	MEN'S BODYBUILDING UP TO 85KG,

THAILAND BODYBUILDING & PHYSIQUE SPORTS ASSOCIATION

19th Floor, Chaloeprakiat Bldg. 286 Sport Authority of Thailand, Ramkamhaeng Road, Bangkok, Bangkok 10240 - Thailand

Tel: (662) 170-9601 | Email: tbpathai@hotmail.com | website: www.tbpa.or.th



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TOTAL NO OF MALE ATHLETES	TOTAL NO OF FEMALE ATHLETES

ARRIVAL INFORMATION		
DATE	TIME	FLIGHT NO

DEPARTURE INFORMATION		
DATE	TIME	FLIGHT NO

PLEASE RETURN THE FINAL ENTRY FORM ALONG WITH PASSPORT COPIES CONFIRMING YOUR PARTICIPATION WITH NAMES OF ALL PARTICIPANTS (DELEGATES, ATHLETES, SUPPORTERS, ETC.), NO LATER THAN 15th AUG, 2026.

Thank you

CHRISTINA KAM
Executive Director - WBPF

: TO BE EMAILED TO :

abbfasia@yahoo.com.sg

abbf.secretary@yahoo.com

abbf.adm@hotmail.com

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LIST OF DISCIPLINES & CATEGORIES

JUNIOR MEN'S BODYBUILDING (2 EVENT)

1	Men's Junior Bodybuilding up to 75 kg
2	Men's Junior Bodybuilding over 75 kg

SENIOR MEN'S BODYBUILDING (10 EVENTS)

3	Men's Bodybuilding up to 55 kg
4	Men's Bodybuilding up to 60 kg
5	Men's Bodybuilding up to 65 kg
6	Men's Bodybuilding up to 70 kg
7	Men's Bodybuilding up to 75 kg
8	Men's Bodybuilding up to 80 kg
9	Men's Bodybuilding up to 85 kg
10	Men's Bodybuilding up to 90 kg
11	Men's Bodybuilding up to 100 kg
12	Men's Bodybuilding over 100 kg

MEN'S MASTER BODYBUILDING (5 EVENTS)

13	Men's Master Bodybuilding 40 – 49 Yrs Up to 80 kg
14	Men's Master Bodybuilding 40 – 49 Yrs Over 80 kg
15	Men's Master Bodybuilding 50 – 60 Yrs Up to 80 kg
16	Men's Master Bodybuilding 50 – 60 Yrs Over 80 kg
17	Men's Master Bodybuilding Over 60 kg Open Category

MEN'S FITNESS PHYSIQUE (2 EVENTS)

18	Men's Fitness Physique up to 170 cm
19	Men's Fitness Physique over 170 cm

MEN'S ATHLETIC PHYSIQUE (5 EVENTS)

20	Men's Athletic Physique up to 160 cm - 2Kg
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21	Men's Athletic Physique up to 167 cm + 4KG
22	Men's Athletic Physique up to 175 cm + 6Kg
23	Men's Athletic Physique up to 182 cm + 8Kg
24	Men's Athletic Physique over 182 cm + 10Kg

MEN'S SPORTS PHYSIQUE (4 EVENTS)

25	Men's Sports Physique up to 170 cm - 2Kg
26	Men's Sports Physique up to 175 cm - 0Kg
27	Men's Sports Physique up to 180 cm +2Kg
28	Men's Sports Physique over 180 cm +4Kg

WOMEN'S BODYBUILDING (2 EVENTS)

29	Women's Bodybuilding up to 55 Kg
30	Women's Bodybuilding over 55 Kg

WOMEN'S FITNESS PHYSIQUE (3 EVENTS)

31	Women's Junior Fitness Physique Open Category
32	Women's Fitness Physique up to 165 cm
33	Women's Fitness Physique over 165 cm

WOMEN'S ATHLETIC PHYSIQUE (3 EVENTS)

34	Women's Athletic Physique up to 165 cm
35	Women's Athletic Physique over 165 cm
36	Women's Ladies Athletic Physique over 35 yrs old Open Category

WOMEN'S SPORTS PHYSIQUE (3 EVENTS)

37	Women's Sports Physique up to 165 cm
38	Women's Sports Physique over 165 cm
39	Women's Ladies Sports Physique over 35 yrs old Open Category

WOMEN'S SWIMSUIT PHYSIQUE (2 EVENTS)

40	Women's Swimsuit Physique up to 165 cm
41	Women's Swimsuit Physique over 165 cm

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WOMEN'S MODEL PHYSIQUE (7 EVENTS)

42	Women's Junior Model Physique 21 yrs and below
43	Women's Model Physique up to 155 cm
44	Women's Model Physique up to 160 cm
45	Women's Model Physique up to 165 cm
46	Women's Model Physique up to 170 cm
47	Women's Model Physique over 170 cm
48	Women's Ladies Model Physique over 35 yrs old Open Category

WOMEN'S WELLNESS PHYSIQUE (1 EVENT)

49	Women's Wellness Physique Open Category
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MIXED PAIRS (1 EVENT)

50	Open Category
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OVERALL CHAMPION (1 EVENT)

51	ABBF Mr. Asia 2026
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TOTAL 51 CATEGORIES

MEN'S TEAM CHAMPION

WOMEN'S TEAM CHAMPION

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