



FINAL PLACES COMBINED SCORE SHEET (AMATEUR)

Competition 58th Asian Bodybuilding and Physique Sports Championships

Place Bangkok, Thailand

Date 22 – 28 September 2026

Category	No.	Competitors	Country	Round 1	Round 2	Total	Place
Men's Junior Bodybuilding up to 75 kg	11	Nahakpam Pritam	India	7	7	14	1 st
	15	Baitullah Zadrar	Afghanistan	9	9	18	2 nd
	18	Tran Tan Phat	Vietnam	17	17	34	3 rd
	14	Muhammad Aqil Farhan Bin Azri	Malaysia	18	17	35	4 th
	17	Siravit Theandhaworn	Thailand	24	24	48	5 th
	12	Parish Shrestha	Nepal	30		30	6 th
	13	Wang Zi Xuan	China	35		35	7 th
Men's Junior Bodybuilding over 75 kg	25	Hoang Ngoc Dinh	Vietnam	7	7	14	1 st
	21	Yasar Samir Ehsan	Afghanistan	8	8	16	2 nd
	26	Sio Wai Ian	Macau China	17	17	34	3 rd
	16	Ahmad Seyar Sultani	Afghanistan	18	18	36	4 th
Men's Bodybuilding 55 kg	27	Nguyen Van Tai	Vietnam	5	5	10	1 st
	32	Phung Huu Thanh	Vietnam	12	12	24	2 nd
	29	Ramamurthy Murugesan	India	13	13	26	3 rd
Men's Bodybuilding 60 kg	34	Jiraphan Pongkam	Thailand	8	6	14	1 st
	40	Dayat Suderajat	Indonesia	14	10	24	2 nd
	39	Aung Htut	Myanmar	20	19	39	3 rd
	35	Azri Bin Asmat Sefri	Malaysia	22	19	41	4 th
	37	Cao Van Quan	Vietnam	22	21	43	5 th
	33	Peyulu Bhanu Prakash	India	26		26	6 th
	38	Nguyen Anh Thong	Vietnam	33		33	7 th
	36	Navneethakrishnan Periyasamy	India	36		36	8 th
	41	Yau Chi Hang	Hong Kong China	45		45	9 th
Men's Bodybuilding 65 kg	51	Hein Zaw Lin	Myanmar	5	10	15	1 st
	44	Joseph Anak Ladi	Malaysia	14	13	27	2 nd
	50	Dinesh Kamble	India	18	16	34	3 rd
	42	Aekkrat Srisopha	Thailand	20	15	35	4 th
	45	Phan Huynh Duc	Vietnam	21	20	41	5 th
	43	Surasak Panrueang	Thailand	24		24	6 th
	46	Jasbir Singh Gusain	India	34		34	7 th
	49	Mohd Hamiruddin Bin Haron	Malaysia	38		38	8 th
Men's Bodybuilding 70 kg	54	Pankaj Bisht	India	7	7	14	1 st
	52	Nguyen Viet Phu	Vietnam	8	8	16	2 nd
	55	Narayan Barik	India	15	15	30	3 rd
	85	Ahmad Zia Karimi	Afghanistan	19	19	38	4 th
Women's Junior Fitness Physique up to 21 yrs	204	Jhintramom Thaveamayteachord	Thailand	9	7	16	1 st
	184	Phan Thao Yen	Vietnam	10	10	20	2 nd
	197	Kanticha Seejun	Thailand	11	13	24	3 rd
	233	Tsang Tsz Ying	Hong Kong China	22	22	44	4 th
	195	Kanyanat Katapetpong	Thailand	23	23	46	5 th
Women's Fitness Physique up to 165 cm	187	Tran Thi Thanh Tam	Vietnam	8	8	16	1 st
	214	Siriporn Sornchuay	Thailand	14	13	27	2 nd
	188	To Lan Nhi	Vietnam	14	14	28	3 rd
	193	Juni Rai	Nepal	21	19	40	4 th
	191	Ma Suet Yi	Hong Kong China	23	22	45	5 th
	192	Zoljargal Tseveenjav	Mongolia	28		28	6 th
	219	Nishrin Parikh	India	35		35	7 th
Women's Fitness Physique over 165 cm	190	Nguyen Thi Bich Ly	Vietnam	9	9	18	1 st
	204	Jhintramom Thaveamayteachord	Thailand	12	12	24	2 nd
	197	Kanticha Seejun	Thailand	13	13	26	3 rd
	211	Ha Thi Thanh Trang	Vietnam	16	16	32	4 th
Women's Junior Model Physique up to 21 yrs	234	Altansukh Bayarmaa	Mongolia	6	6	12	1 st
	204	Jhintramom Thaveamayteachord	Thailand	9	9	18	2 nd
	197	Kanticha Seejun	Thailand	14	14	28	3 rd
	233	Tsang Tsz Ying	Hong Kong China	22	22	44	4 th
	184	Phan Thao Yen	Vietnam	23	23	46	5 th

Women's Swimsuit Physique up to 165 cm	227	To Suet Yan	Hong Kong China	13	6	19	1 st
	237	Phetsala Vannasan	Lao	14	13	27	2 nd
	246	Ishdorj Enkhchimeg	Mongolia	26	17	43	3 rd
	243	Chiranan Suran	Thailand	29	18	47	4 th
	240	Chan Lee Ying	Macau China	38	22	60	5 th
	188	To Lan Nhi	Vietnam	39		39	6 th
	226	Chak Pui Kwan	Hong Kong China	40		40	7 th
	224	Lo Wun Yi	Hong Kong China	46		46	8 th
	214	Siriporn Sornchuay	Thailand	47		47	9 th
	223	Me Me Kyaw Naing	Myanmar	47		47	10th
	244	Zorig Myagmarbat	Mongolia	48		48	11th
	217	Zaripova Diana	Kazakhstan	51		51	12th
	220	Yajik Hillang	India	56		56	13th
	241	Ngo Tuyet Nhi	Macau China	57		57	14th
	236	Davaanyam Burentsetseg	Mongolia	60		60	15th
Women's Swimsuit Physique over 165 cm	252	Yothaka Sanguanwong	Thailand	12	5	17	1 st
	234	Altansukh Bayarmaa	Mongolia	18	13	31	2 nd
	256	Reika Kurosaki	Japan	21	21	42	3 rd
	247	Alshimbayeva Madina	Kazakhstan	26	19	45	4 th
	208	Ta Thi Ngoc Bich	Vietnam	29	18	47	5 th
	211	Ha Thi Thanh Trang	Vietnam	31		31	6 th
	249	Vadeetharat Toontam	Thailand	34		34	7 th
	230	Sumiyadorj Bayarmaa	Mongolia	35		35	8 th
	251	Ustimenko Alyona	Kazakhstan	39		39	9 th
	229	Sevjiddorj Byambasuren	Mongolia	40		40	10th
	248	Chan Shiu Ki	Hong Kong China	45		45	11th
Men's Master Bodybuilding 40-49 yrs up to 80 kg	43	Surasak Panrueang	Thailand	7	12	19	1 st
	57	Stoyanov Valeriy	Uzbekistan	11	11	22	2 nd
	78	Nur Suffian Bin Hamisan	Malaysia	15	12	27	3 rd
	52	Nguyen Viet Phu	Vietnam	16	16	32	4 th
	105	Pratap Kalkundrikar	India	25	25	50	5 th
	49	Mohd Hamiruddin Bin Haron	Malaysia	32		32	6 th
	38	Nguyen Anh Thong	Vietnam	35		35	7 th
	72	Abbas Raheem Moshi Albu-Ali	Iraq	37		37	8 th
Men's Master Bodybuilding 40-49 yrs over 80 kg	66	Ta Dinh Thai	Vietnam	8	8	16	1 st
	74	Abdul Shokor Paiman	Afghanistan	13	13	26	2 nd
	110	Osamah Mohammed Sari Al-Saedi	Iraq	17	17	34	3 rd
	58	Muhammad Sapapan	Thailand	19	19	38	4 th
	97	Bold Purevdori	Mongolia	20	20	40	5 th
Men's Master Bodybuilding 50-60 yrs up to 80 kg	70	Nazri Bin Pulong	Malaysia	5	5	10	1 st
	117	Teo Wee Beng Dennis	Singapore	12	12	24	2 nd
	107	Milan Abeykoon	Sri Lanka	13	13	26	3 rd
Men's Master Bodybuilding 50-60 yrs over 80 kg	114	Vineet Sharma	India	7	7	14	1 st
	81	Syed Faizal Bin Syed Ali	Malaysia	11	11	22	2 nd
	65	Nguyen Van Quang	Vietnam	13	13	26	3 rd
	115	Saheblal Chapparaband	India	20	20	40	4 th
Men's Master Bodybuilding over 60 yrs	109	Somkhith Sumethowetchakun	Thailand	5	5	10	1 st
	104	Suwijak Pintusornchai	Thailand	10	10	20	2 nd
	119	Sanjay Madhukar Ambekar	India	15	15	34	3 rd
	118	Jiang Xian	China	20	20	40	4 th
	77	Indika Piliduwa	Sri Lanka	25	25	50	5 th
Mixed Pairs	5	Phan Huynh Duc & Tran Thi Cam Tu	Vietnam	8	5	13	1 st
	8	Chau Nguyen Kha & Tran Thi Thanh T	Vietnam	10	12	22	2 nd
	2	Sio Wai Ian & Ngo Tuyet Nhi	Macau China	14	15	29	3 rd
	3	Wong Ka Lap & Wong Sin Ting	Hong Kong China	19	19	38	4 th
	6	Lau Si Hang & Chan Lee Ying	Macau China	24	23	47	5 th
	7	Sagendra Singh & Juni Rai	Nepal	31		31	6 th
	4	Milan Abeykoon & Dilmini Ekanayake	Sri Lanka	34		34	7 th
	1	Jiang Xian & Jiang Shu Mei	China	40		40	8 th
Men's Bodybuilding 75 kg	60	Sagendra Singh	Nepal	8	5	13	1 st
	64	Komang Gading Darmawan	Indonesia	10	14	24	2 nd
	57	Stoyanov Valeriy	Uzbekistan	16	16	32	3 rd
	62	Himanshu Upadhyay	India	23	14	37	4 th
	61	Vo Van Hoai	Vietnam	24	25	49	5 th
	70	Nazri Bin Pulong	Malaysia	27		27	6 th
	68	Vishal Singh Rawat	India	37		37	7 th
	69	Manisharma M	India	39		39	8 th
	17	Siravit Theandhaworn	Thailand	41		41	9 th
Men's Bodybuilding 80 kg	59	Tran Dong Thang	Vietnam	11	6	17	1 st
	63	Nguyen Minh My	Vietnam	16	10	26	2 nd
	75	Zainal Arif Bin Zainal Ariffin	Malaysia	17	14	31	3 rd
	79	Maria Jijo Dolpose	India	18	20	38	4 th
	76	Prashant Khannukar	India	19	24	43	5 th
	92	Muhammad Akhtar	Pakistan	27		27	6 th
	78	Nur Suffian Bin Hamisan	Malaysia	31		31	7 th
	73	Edwin Kasiri	Indonesia	39		39	8 th

Men's Bodybuilding 85 kg	84	Arbaz Khan	India	11	10	21	1 st
	66	Ta Dinh Thai	Vietnam	9	13	22	2 nd
	80	Ishak Bin Hidayat	Malaysia	18	14	32	3 rd
	88	Rahul Singh Chauhan	India	20	15	35	4 th
	87	Naveen	India	24	25	49	5 th
	58	Muhammad Sapapan	Thailand	28		28	6 th
	65	Nguyen Van Quang	Vietnam	41		41	7 th
	89	Manikandan	India	42		42	8 th
	81	Syed Faizal Bin Syed Ali	Malaysia	45		45	9 th
	83	Yosua Pratama	Indonesia	45		45	10th
	82	Fadhil Khalaf Daray	Iraq	50		50	11th
Women's Bodybuilding up to 55 kg	176	Siti Hadjar Binti Mansor Awang Hitam	Malaysia	6	5	11	1 st
	185	Sarita Devi	India	9	10	19	2 nd
	182	Meilaura Dora Jimmy	Malaysia	17	16	33	3 rd
	183	Ripu Gharti	Nepal	20	21	41	4 th
	166	Nguyen Ngoc Ngan The	Vietnam	25	22	47	5 th
	172	Dinh Kim Loan	Vietnam	28		28	6 th
	179	Dilmini Ekanayake	Sri Lanka	35		35	7 th
Women's Model Physique up to 155 cm	237	Phetsala Vannasan	Lao	8	8	16	1 st
	217	Zaripova Diana	Kazakhstan	9	9	18	2 nd
	214	Siriporn Sornchuay	Thailand	16	16	32	3 rd
	238	Erdenebayar Oyun-Erdene	Mongolia	24	22	46	4 th
	236	Davaanyam Burentsetseg	Mongolia	26	22	48	5 th
	235	Wong Sin Ting	Hong Kong China	29		29	6 th
	255	Vonmany Sayasane	Lao	30		30	7 th
Women's Model Physique up to 160 cm	227	To Suet Yan	Hong Kong China	7	7	14	1 st
	243	Chiranan Suran	Thailand	10	10	20	2 nd
	254	Ganbold Gantsetseg	Mongolia	19	17	36	3 rd
	220	Yajik Hillang	India	20	18	38	4 th
	188	To Lan Nhi	Vietnam	25	22	47	5 th
	223	Me Me Kyaw Naing	Myanmar	31		31	6 th
	241	Ngo Tuyet Nhi	Macau China	33		33	7 th
	240	Chan Lee Ying	Macau China	36		36	8 th
Women's Model Physique up to 165 cm	245	Chintana Khambounheuang	Lao	12	11	23	1 st
	242	Nemekhbayar Baasansuren	Mongolia	13	11	24	2 nd
	226	Chak Pui Kwan	Hong Kong China	17	15	32	3 rd
	231	Nuannara Aromseree	Thailand	18	17	35	4 th
	246	Ishdorj Enkhchimeg	Mongolia	23	21	44	5 th
	224	Lo Wun Yi	Hong Kong China	27		27	6 th
	244	Zorig Myagmarbat	Mongolia	28		28	7 th
Women's Model Physique up to 170 cm	208	Ta Thi Ngoc Bich	Vietnam	7	7	14	1 st
	249	Vadeetharat Toontam	Thailand	9	9	18	2 nd
	247	Alshimbayeva Madina	Kazakhstan	17	17	34	3 rd
	248	Chan Shiu Ki	Hong Kong China	18	18	36	4 th
	230	Sumiyadorj Bayarmaa	Mongolia	27	24	51	5 th
	229	Sevjiddorj Byambasuren	Mongolia	28		28	6 th
Women's Model Physique over 170 cm	251	Ustimenko Alyona	Kazakhstan	7	7	14	1 st
	234	Altansukh Bayarmaa	Mongolia	15	15	30	2 nd
	252	Yothaka Sanguanwong	Thailand	16	15	31	3 rd
	211	Ha Thi Thanh Trang	Vietnam	16	17	33	4 th
	256	Reika Kurosaki	Japan	20	20	40	5 th
Women's Ladies Model Physique over 35 yrs	208	Ta Thi Ngoc Bich	Vietnam	9	5	14	1 st
	245	Chintana Khambounheuang	Lao	10	11	21	2 nd
	252	Yothaka Sanguanwong	Thailand	12	14	26	3 rd
	247	Alshimbayeva Madina	Kazakhstan	24	20	44	4 th
	242	Nemekhbayar Baasansuren	Mongolia	27	25	52	5 th
	254	Ganbold Gantsetseg	Mongolia	29		29	6 th
	256	Reika Kurosaki	Japan	39		39	7 th
	214	Siriporn Sornchuay	Thailand	41		41	8 th
	230	Sumiyadorj Bayarmaa	Mongolia	43		43	9 th
	255	Vonmany Sayasane	Lao	44		44	10th
	248	Chan Shiu Ki	Hong Kong China	54		54	11th
	216	Davletova Bayan	Kazakhstan	56		56	12th
	219	Nishrin Parikh	India	65		65	13th
Men's Sports Physique up to 170 cm	148	Nay Myo Htut	Myanmar	11	15	26	1 st
	103	Wahidullah Sediqi	Afghanistan	20	7	27	2 nd
	132	Faizan Gul	Pakistan	19	12	31	3 rd
	161	Sinpaseuth Vongphanh	Lao	20	20	40	4 th
	154	Mohd Faizal Bin Mat Rashid	Malaysia	23	22	45	5 th
	159	Pankaj Rawat	India	28		28	6 th
	130	Nattachai Kuonghum	Thailand	33		33	7 th
	156	Keota Phaphilomlasak	Lao	39		39	8 th
	139	Watcharakorn Duangdet	Thailand	45		45	9 th
	150	Sagar Mourya	India	48		48	10th
	157	Zmarul Al Adam Pulutan Abdullah	Malaysia	52		52	11th
	160	Ahmed Naeem	Maldives	54		54	12th
	152	Nantapong Mukdara	Thailand	64		64	13th

Men's Sports Physique up to 175 cm	171	Afraz Khan	India	6	5	11	1 st
	149	Kittisak Buradam	Thailand	17	13	30	2 nd
	140	Hussein Mohammed Abdullah	Iraq	20	15	35	3 rd
	165	Biplav Thapa Magar	Nepal	25	19	44	4 th
	167	Vishal Kumar	India	26	20	46	5 th
	141	Ketburin Netphakdee	Thailand	29		29	6 th
	168	Ali Mabrook Latheef	Maldives	37		37	7 th
	169	Wong Ka Lap	Hong Kong China	37		37	8 th
	162	Santisouk Douangkeomany	Lao	39		39	9 th
	153	Saqafat Ali Khan	Pakistan	42		42	10th
	170	Amgalanbat Bilguun	Mongolia	54		54	11th
	163	Leung Kit Chung	Hong Kong China	58		58	12th
Men's Sports Physique up to 180 cm	158	Bilal Ahmed	Pakistan	5	5	10	1 st
	155	Jatsada Aroonwigit	Thailand	12	12	24	2 nd
	174	Fung Wai Leung	Hong Kong China	13	13	26	3 rd
	177	Hussain Rahil Sadhiq	Maldives	20	20	40	4 th
Men's Sports Physique over 180 cm	189	Rachasap Jaroensap	Thailand	5	5	10	1 st
	186	Noppharat Boonprakop	Thailand	11	11	22	2 nd
	175	Khairul Azri Bin Abdullah	Malaysia	15	15	30	3 rd
	181	Pranesh Shrestha	Nepal	21	22	43	4 th
	101	Sanaullah Burhani	Afghanistan	24	23	47	5 th
	164	Tokhirjonov Abubakr	Uzbekistan	30		30	6 th
	178	Lau Si Hang	Macau China	35		35	7 th
Women's Sports Physique up to 165 cm	192	Zoljargal Tseveenjav	Mongolia	17	11	28	1 st
	213	Oranong Inkaew	Thailand	18	13	31	2 nd
	222	Simara Chumchuen	Thailand	19	13	32	3 rd
	210	Nikolayeva Xeniya	Kazakhstan	20	17	37	4 th
	203	Doan Thi Dieu	Vietnam	23	21	44	5 th
	200	Erne Marina Ainalisa Binti Mohd Noer	Malaysia	31		31	6 th
	201	Mengnorova Regina	Uzbekistan	31		31	7 th
	198	Moe That Khine	Myanmar	33		33	8 th
	218	Khandsuren Soyol-Erdene	Mongolia	42		42	9 th
	257	So Po Yee	Hong Kong China	48		48	10th
	191	Ma Suet Yi	Hong Kong China	51		51	11th
Women's Sports Physique over 165 cm	258	Shiller Xeniya	Kazakhstan	6	6	12	1 st
	205	Madhushi Warapitiya	Sri Lanka	10	10	20	2 nd
	190	Nguyen Thi Bich Ly	Vietnam	13	13	26	3 rd
Women's Ladies Sports Physique over 35 yrs	192	Zoljargal Tseveenjav	Mongolia	6	6	12	1 st
	213	Oranong Inkaew	Thailand	9	9	18	2 nd
	222	Simara Chumchuen	Thailand	15	14	29	3 rd
	201	Mengnorova Regina	Uzbekistan	24	21	45	4 th
	257	So Po Yee	Hong Kong China	29	23	52	5 th
	190	Nguyen Thi Bich Ly	Vietnam	30		30	6 th
	205	Madhushi Warapitiya	Sri Lanka	30		30	7 th
	191	Ma Suet Yi	Hong Kong China	37		37	8 th
	218	Khandsuren Soyol-Erdene	Mongolia	40		40	9 th
Men's Athletic Physique up to 160 cm	113	Pongsiri Prommahan	Thailand	5	5	10	1 st
	128	Wang Xiao Hua	China	13	12	25	2 nd
	125	Samhan Bin Adnan	Malaysia	15	17	32	3 rd
	129	Resham Rana	Nepal	18	17	35	4 th
	108	Chau Nguyen Kha	Vietnam	26	25	51	5 th
	127	Kamaluddin Bin Yanau	Brunei	28		28	6 th
Men's Athletic Physique up to 167 cm	131	Abdul Aziz Bin Ahmad	Malaysia	7	5	12	1 st
	120	Azneen Rashad	Maldives	9	12	21	2 nd
	116	Worawat Prajantasen	Thailand	19	13	32	3 rd
	136	Aflisahyir Bin Ali	Malaysia	22	21	43	4 th
	102	Mohammad Mureed Sarwari	Afghanistan	28	22	50	5 th
	112	Truong Quoc Long	Vietnam	30		30	6 th
	123	Jakkawat Intarangsi	Thailand	31		31	7 th
	106	Ta Phuc Nhat Tan	Vietnam	32		32	8 th
	126	Wai Lin Kyaw	Myanmar	39		39	9 th
	138	Hosaka Kazuki	Japan	50		50	10th
Men's Athletic Physique up to 175 cm	121	Taratphong Kueathong	Thailand	5	5	10	1 st
	137	Abdul Fikry Bin Gapare	Malaysia	11	11	22	2 nd
	144	Abdul Hadi Bin Jalani	Brunei	14	14	28	3 rd
Men's Athletic Physique up to 182 cm	135	Teo Soon Kit Darren	Singapore	8	8	16	1 st
	147	Dewa Putu Bayu	Indonesia	9	9	18	2 nd
	122	Huynh Nhat Hoa	Vietnam	14	14	28	3 rd
	145	Muhamad Shaiful Hisyam Bin Abd Aziz	Malaysia	20	20	40	4 th
	124	Aphiwat Serirawat	Thailand	25	25	50	5 th
	143	Saravanan Jayaraman	India	30		30	6 th
Men's Athletic	133	Tairov Abbos	Uzbekistan	5	5	10	1 st
	134	Khaydarov Abduvali	Uzbekistan	12	12	24	2 nd
	142	Mohd Adzrul Ridzuwan Bin Adzahar	Malaysia	13	13	26	3 rd

Men's Bodybuilding 90 kg	95	Rishkanta Singh Laitonjam	India	7	7	14	1 st
	71	Nayeb Mobarez	Afghanistan	8	8	16	2 nd
	93	Rasmi Ranjan Sahoo	India	15	15	30	3 rd
Men's Bodybuilding 100 kg	94	Fedorov Andrey	Uzbekistan	8	8	16	1 st
	98	Amrinder Singh	India	9	8	17	2 nd
	110	Osamah Mohammed Sari Al-Saedi	Iraq	16	17	33	3 rd
	96	Charan Mohan	India	21	19	40	4 th
	74	Abdul Shokor Paiman	Afghanistan	24	23	47	5 th
	97	Bold Purevdori	Mongolia	29		29	6 th
Men's Bodybuilding over 100 kg	90	Khamrayev Khurshid	Uzbekistan	7	7	14	1 st
	100	Hardeep Singh	India	8	8	16	2 nd
	91	Safiullah Ghafari	Afghanistan	15	15	30	3 rd
Men's Fitness Physique up to 170 cm	108	Chau Nguyen Kha	Vietnam	6	6	12	1 st
	146	Pornchai Tammasangwal	Thailand	10	10	20	2 nd
	106	Ta Phuc Nhat Tan	Vietnam	13	13	26	3 rd
Men's Fitness Physique over 170 cm	111	Bui Minh Khoa	Vietnam	7	7	14	1 st
	151	Damrongsak Soysri	Thailand	8	8	16	2 nd
	173	Suphagorn Anusat	Thailand	15	15	30	3 rd
Women's Ladies Athletic Physique over 35 yrs	209	Sommanin Phanousith	Lao	7	7	14	1 st
	194	Tran Thi Cam Tu	Vietnam	8	8	16	2 nd
	225	Sirinthip Insee	Thailand	16	16	32	3 rd
	193	Juni Rai	Nepal	19	19	38	4 th
	221	Jiang Shu Mei	China	25	25	50	5 th
Women's Athletic Physique up to 165 cm	187	Tran Thi Thanh Tam	Vietnam	7	7	14	1 st
	209	Sommanin Phanousith	Lao	11	11	22	2 nd
	196	Lily Nur Izzaty Binti Ahmad	Malaysia	15	15	30	3 rd
	194	Tran Thi Cam Tu	Vietnam	16	16	32	4 th
	225	Sirinthip Insee	Thailand	24	24	48	5 th
	193	Juni Rai	Nepal	30		30	6 th
Women's Wellness Physique – Open Category	222	Simara Chumchuen	Thailand	7	7	14	1 st
	192	Zoljargal Tseveenjav	Mongolia	8	8	16	2 nd
	198	Moe That Khine	Myanmar	14	14	28	3 rd
	203	Doan Thi Dieu	Vietnam	20	20	40	4 th
	218	Khandsuren Soyol-Erdene	Mongolia	26	25	51	5 th
	258	Shiller Xeniya	Kazakhstan	29		29	6 th
	257	So Po Yee	Hong Kong China	35		35	7 th

Signed Chairman Judges Committee

Signed Secretary Judges Committee



ASIAN BODYBUILDING AND PHYSIQUE SPORTS FEDERATION

Men's Team Championship

Competition 58th Asian Bodybuilding and Physique Sports Championships
Place Bangkok, Thailand Date 22 – 28 September 2026

PLACE	COUNTRY	SCORE
1ST	THAILAND	540
2ND	VIETNAM	520
3RD	INDIA	485

Signed Chairman Judges Committee

Signed Secretary Judges Committee



ASIAN BODYBUILDING AND PHYSIQUE SPORTS FEDERATION

Women's Team Championship

Competition 58th Asian Bodybuilding and Physique Sports Championships
Place Bangkok, Thailand Date 22 – 28 September 2026

PLACE	COUNTRY	SCORE
1ST	THAILAND	490
2ND	VIETNAM	380
3RD	MONGOLIA	310

Signed Chairman Judges Committee

Signed Secretary Judges Committee



ASIAN BODYBUILDING AND PHYSIQUE SPORTS FEDERATION

Overall Championship – Mr.Asia 2026

Competition 58th Asian Bodybuilding and Physique Sports Championships
Place Bangkok, Thailand Date 22 – 28 September 2026

NO.	COMPETITOR	COUNTRY
95	RISHKANTA SINGH LAITONJAM	INDIA

Signed Chairman Judges Committee

Signed Secretary Judges Committee



ASIAN BODYBUILDING AND PHYSIQUE SPORTS FEDERATION

Men's Athletic Physique – Overall

Competition 58th Asian Bodybuilding and Physique Sports Championships

Place Bangkok, Thailand

Date 22 – 28 September 2026

NO.	COMPETITOR	COUNTRY
131	ABDUL AZIZ BIN AHMAD	MALAYSIA

Signed Chairman Judges Committee

Signed Secretary Judges Committee



ASIAN BODYBUILDING AND PHYSIQUE SPORTS FEDERATION

Men's Sports Physique – Overall

Competition 58th Asian Bodybuilding and Physique Sports Championships

Place Bangkok, Thailand

Date 22 – 28 September 2026

NO.	COMPETITOR	COUNTRY
158	BILAL AHMED	PAKISTAN

Signed Chairman Judges Committee

Signed Secretary Judges Committee



ASIAN BODYBUILDING AND PHYSIQUE SPORTS FEDERATION

Women's Model Physique – Overall

Competition 58th Asian Bodybuilding and Physique Sports Championships

Place Bangkok, Thailand

Date 22 – 28 September 2026

NO.	COMPETITOR	COUNTRY
227	TO SUET YAN	HONG KONG CHINA

Signed Chairman Judges Committee

Signed Secretary Judges Committee



ASIAN BODYBUILDING AND PHYSIQUE SPORTS FEDERATION

Most Improved Athlete of The Year

Competition 58th Asian Bodybuilding and Physique Sports Championships
Place Bangkok, Thailand Date 22 – 28 September 2026

NO.	COMPETITOR	COUNTRY
71	NAYEB MOBAREZ	AFGHANISTAN

Signed Chairman Judges Committee



Signed Secretary Judges Committee



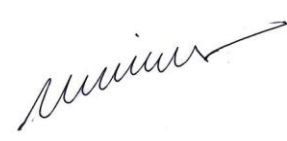
ASIAN BODYBUILDING AND PHYSIQUE SPORTS FEDERATION

Best Poser

Competition 58th Asian Bodybuilding and Physique Sports Championships
Place Bangkok, Thailand Date 22 – 28 September 2026

NO.	COMPETITOR	COUNTRY
51	HEIN ZAW LIN	MYANMAR

Signed Chairman Judges Committee



Signed Secretary Judges Committee

