



# THAILAND BODYBUILDING AND PHYSIQUE SPORTS ASSOCIATION

Under the Umbrella of The  
**WORLD BODYBUILDING AND PHYSIQUE SPORTS FEDERATION**

Approved & Sanctioned by  
**SPORTS AUTHORITY OF THAILAND AND NATIONAL SPORTS DEVELOPMENT FUND**

Under the Supervision of  
**MINISTRY OF TOURISM AND SPORTS**

Recognized by  
**NATIONAL OLYMPIC COMMITTEE OF THAILAND**

# 13<sup>TH</sup> WORLD BODYBUILDING AND PHYSIQUE SPORTS CHAMPIONSHIPS 2022

**6TH - 12TH DECEMBER 2022**

**CENTRAL  
PHUKET**

**PHUKET, KINGDOM OF THAILAND**

## INSPECTION REPORT



**THAILAND BODYBUILDING & PHYSIQUE SPORTS ASSOCIATION**

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**MESSAGE FROM DATUK PAUL CHUA**  
**PRESIDENT OF WORLD BODYBUILDING AND PHYSIQUE SPORTS FEDERATIONS**



On the occasion of the 13th World Bodybuilding and Physique Sports Championships and Annual Congress held in Phuket, Kingdom of Thailand from 6th to 12th December 2022, I send you this message of greetings from the World Bodybuilding & Physique Sports Federation (WBPF).

Thailand Bodybuilding and Physique Sports Association under the leadership of our colleague Mr. Sugree Supawarikul is largely responsible for the sports popularity and growth in Thailand and throughout the world. He has spent most of his life for our sport in hosting the World event for the 5th time during a time span of 12 years.

Our sport has grown far beyond our expectations in the world under our banner of WBPF and we are all encouraged by this dramatic development.

I wish to express my sincere thanks to all participating countries from all over the world and welcome them in the true sporting spirit of solidarity in Phuket for us to meet and strengthen our friendship. I would also like to register my deep appreciation and thanks to the Sports Authority of Thailand and National Sports Development Fund, Ministry of Tourism and Sports and National Olympic Committee of Thailand and to all members of the Organizing Committee for dedicated and untiring efforts to make this world championship a success.

**DATUK PAUL CHUA**

*President, World Bodybuilding & Physique Sports Federation*

**MESSAGE FROM MR. SUGREE SUPAWARIKUL**  
**PRESIDENT OF THAILAND BODYBUILDING & PHYSIQUE SPORTS FEDERATION**



After a hiatus of 2 over years, we are once again proud to be given the honour to organize the 13th World Bodybuilding & Physique Sports Championships and Annual Congress in Phuket, Kingdom of Thailand from 6th to 12th December, 2022.

Phuket provides serenity and warm hospitality to all visitors to the island resort, and it is a paradise for those who wish to enjoy sunshine and water sports.

Bodybuilders and sports physique athletes and delegates will have great time in Phuket – there are several exciting places for them to visit.

The Organizing Committee of the 13th World Bodybuilding & Physique Sports Championships has taken great pride to serve all delegates and athletes with best hotel, food and competition venue. Our sincere thanks to the Management of

Central Phuket for allowing us to use their premises for our three (3) days competitions from 9th to 11th December, 2022.

This is the 5th time Thailand is hosting the World Bodybuilding & Physique Sports Championships & Congress since 2012 (Bangkok), 2015 (Bangkok), 2016 (Pattaya), 2018 (Chiangmai) and this year in Phuket. We are proud of this healthy sport and our citizens are sports loving people.

The World Bodybuilding & Physique Sports Championships & Congress is made possible due to the support from our Sports Authority of Thailand and National Sports Development Fund, Ministry of Tourism and Sports and National Olympic Committee of Thailand. We gratefully wish to acknowledge their vast assistance and contributions in making this world event a great success.

Lastly, I wish to thank our super-charged battery President Datuk Paul Chua for his confidence in granting us this opportunity to host this prestigious event. Our thanks also goes to the World Bodybuilding and Physique Sports Federation Executive Committee for their unanimous support.

Thank you all, KHOB KHUN KRAB.

**Mr. SUGREE SUPAWARIKUL**

*President, Thailand Bodybuilding & Physique Sports Federation*

*Joint-Secretary, World Bodybuilding & Physique Sports Federation*

*Secretary-General, Asian Bodybuilding & Physique Sports Federation*

## **FELICITATIONS FROM MEMBER OF THE INTERNATIONAL OLYMPIC COMMITTEE (IOC) & OLYMPIC COUNCIL OF ASIA**



Khunying (Lady) Patama Leeswadtrakul from the Kingdom of Thailand who is a prominent member of the International Olympic Committee and Chair of Culture Commission & Member of Advisory Committee of the Olympic Council of Asia (OCA) congratulated and wished Mr Sugree Supawarikul, President of Thailand Bodybuilding and Physique Sports Association (TBPA), Joint Secretary- WBPF and Secretary General of ABBF a successful 13th World Bodybuilding Championships and Congress to be held from December 6 till 12, 2022 in Phuket, Thailand.

## **FELICITATIONS FROM NATIONAL OLYMPIC COMMITTEE OF THAILAND**

Our hard working Joint Secretary General of WBPF, Secretary General of ABBF & SEABPF and President of the Thailand Bodybuilding and Physique Sports Association (TBPA) never leave any stones unturned. He is articulate and diplomatic in approaching high and esteemed officials from his country to support the activities of our sport in the Kingdom.

On 30 June, 2022, Pol.Gen. Dechnarong Sutticharnbancha, Senator and Chairman of the Sub-Committee of Senate for Profession Sports and Sports Industry together with Mr.Sugree Supawarikul paid a courtesy call on Gen. Vitch Thephasadin na Ayutthaya, Secretary General of National Olympic Committee of Thailand under the Royal Patronage of H.M the King inviting him to preside over 13th World Bodybuilding and Physique Sports Championships from 6 - 12 December 2022 at Phuket, Thailand.



Gen.Vitch as a great Sports leader consented to attend and preside in the opening of the 13th WBPF World Bodybuilding Championships.

This is indeed a great honor and prestige for us to have Gen. Vitch blessings and we wish to register our appreciation for his attendance.

## **BRIEF HISTORY OF PHUKET ISLAND - KINGDOM OF THAILAND**

Phuket, a rainforest, mountainous island in the Andaman Sea, has some of the Thailand's most popular beaches, mainly situated along the clear waters of the western shore. The island is home to many high-end seaside resorts, spas and restaurants. Phuket city, the capital, has old shop houses and busy markets. Patong, the main resort town, has many nightclubs, bars and discos.

The best time to visit Phuket is from December through March. This is the north-east monsoon season. Mainland Thailand blocks the monsoon rains, leaving only cool breezes and blue skies over Phuket. The average temperature is around 24C to 32C (75F to 89F) and the humidity is at its lowest.

Phuket is Thailand's largest island, and arguably the most famous. Blue waters, sandy beaches, spicy Thai cuisine, and excellent snorkelling and diving are all part of the appeal.



*Kamala Beach, Phuket*



*Kata Noi Beach in Phuket*

## VENUE OF THE COMPETITION

The popular Central Phuket venue of the competition at the 3rd floor is located nearby the two hotels DARA and THE TRAVEL LODGE PHUKET TOWN. A 10 minutes' walk from the hotel.

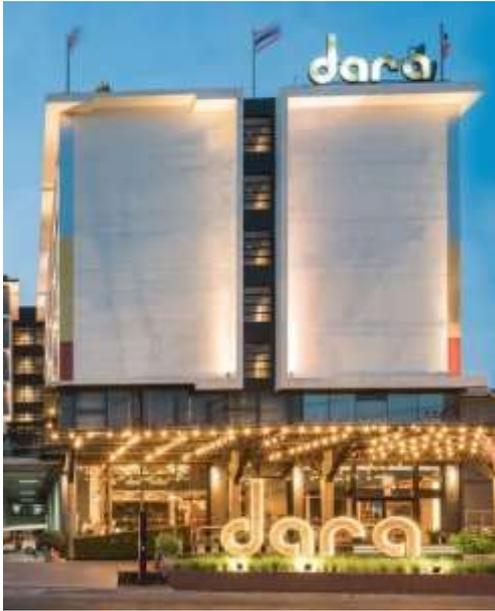


A stage will be built for the 13th World Bodybuilding and Physique Sports Championships at the 3rd floor with changing rooms and warm up areas for the duration commencing from 9th to 11th December 2022.



## HOTEL ACCOMMODATIONS IN PHUKET

The DARA Hotel where all Executive Council members shall be accommodated together with several other countries.



*DARA Hotel*



*DARA hotel rooms*

Travelodge Phuket Town Sales Manager Ammy Phathchanistha and General Manager Suthathip Yapanan.



The Travel Lodge Phuket Town will accommodate the athletes and delegates as well.



## AMENITIES AT BOTH THE HOTELS



Dara hotel swimming pool, open air pool side Cafe, gymnasium and patio for leisure.



*Dara Hotel Cafe and Bistro at M Floor*





*Mr. Dhammawat. President of Sports Association of Phuket province together with other officials from his department had a sumptuous Chinese dinner at the Yan Long Restaurant at Royal Phuket Hotel. The one next to Sugree is Mr.Damrong Chaisena, Director of the Sports Authority of Thailand in Phuket. Mr. Wisut Phuket Administration Chief of Phuket Town. At all the functions we were cared by Mdm Paksupa Chataruporn wife of Mr Sugree Supawarikul standing next to Ms. Christina Kam.*

Rathar Klinkaew Sales Manager of Dara Hotel accompanied WBPF President Datuk Paul Chua and WBPF Joint Secretary Mr. Sugree's Supawarikul to inspect the Dara Theatre for Annual Congress and Team Manager & Judges meeting.





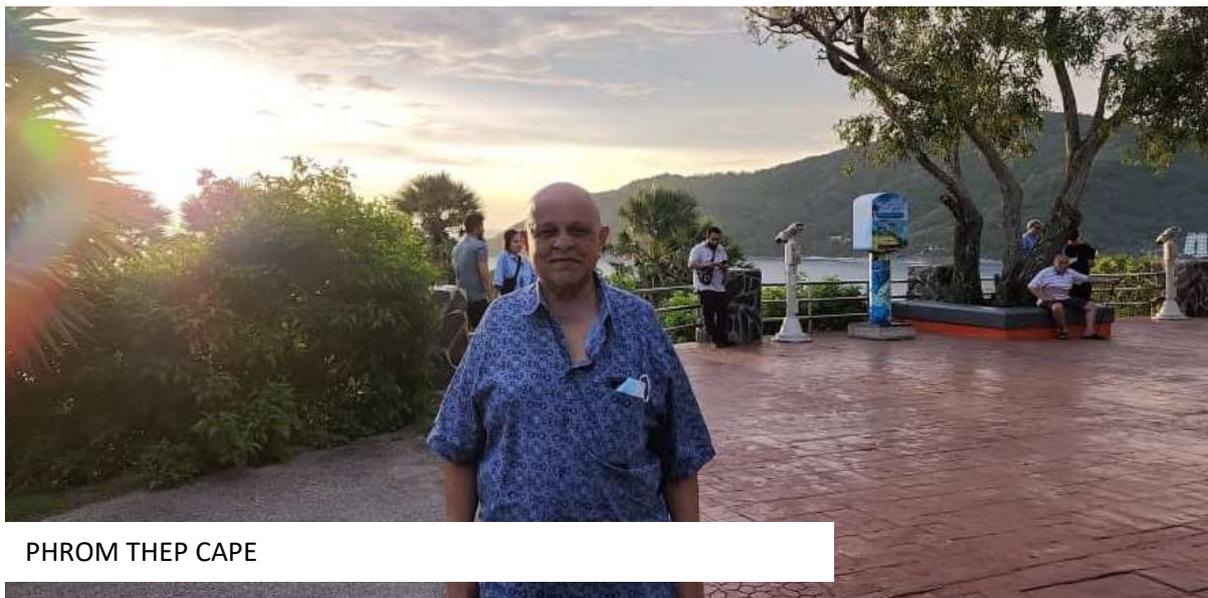
Head of Regional Marketing of Central Phuket - Mr Wikran Mongkolchan...he is very cooperative and looking forward to the grand WBPF World Bodybuilding Championships in Central Phuket.



SRIWARA Bistro and Cafe , Michelin Italian cuisine. WBPf President will host a dinner for all Executive Member in this top ranked restaurant on 8th December



The best places to visit in Phuket. PHROM THEP CAPE . Very famous for Sunset with tourists all over the world.



PHROM THEP CAPE



PHROM THEP CAPE



MA DOO BUA CAFE



MA DOO BUA CAFE

Ma Doo Bua Cafe – directly translated in English to ‘Come See Lotus’ Cafe – has an entire pond covered in massive lotus leaves, and twists on local delicacies.



Prayed at the Phuket Town Saeng Tham Shrine for the success of the 13th WBPF World Bodybuilding Championships and Congress.

## TENTATIVE DAILY PROGRAM

06 <sup>TH</sup> DECEMBER, 2022 (TUESDAY)	
	Arrival of the Executive Committee members of WBPF, all participating teams, officials together with WBPF Standing Sub-Committee members.
12.00 PM ONWORDS	Check-in at Two (2) hotels : (a) Dara Hotel for all Executive Council Members and Teams allocated to stay at this hotel. You will pay the registration fees at this hotel to the staff of the Thailand Bodybuilding & Physique Sports Association (TBPA). (b) The Travelodge Phuket Town for all other teams. Registration fees to be paid to the staff of the Thailand Bodybuilding & Physique Sports Association (TBPA) at the Registration Desk stationed at this hotel. <b><i>(You will be notified in which hotel you shall be accommodated upon receipt of your Final Entry Form.)</i></b>
12.00 PM - 02.30 PM	Lunch for all will be served at their respective Hotels on 6 <sup>th</sup> December, 2022, provided the number of athletes & officials are informed in advance, otherwise, there will be no lunch served for those who fail to abide by this rule.
06.30 PM – 08.30 PM	Dinner for all will be served at their respective Hotels: (a) Dara Hotel – Café & Bistro at M Floor (b) Travelodge – Café & Restaurant at Ground Floor
07 <sup>TH</sup> DECEMBER, 2022 (WEDNESDAY)	
06.30 AM - 09.30 AM	Breakfast for officials and athletes at the respective Hotels
08:30 AM	The Buses will leave from Travelodge to Dara hotel for Judges and Team Managers Meeting at Dara Hotel. Those who are staying at Travelodge please assemble at hotel lobby at 8:30 am for transfer.
09.30 AM - 10.30 AM	Team Managers Meeting at Dara Theatre, Dara Hotel, Lobby Level.
10.30 AM - 11.30 AM	Judges Meeting at Dara Theatre, Dara Hotel, Lobby Level.
12.00 PM – 02.30 PM	Lunch will be served at their respective hotel. Buses will leave from Dara Hotel to Travelodge for those who are staying at Travelodge.
03.00 PM ONWARDS	WBPF Executive Council Meeting at Dara Audition - Dara Hotel M floor. Only WBPF Executive Members are required to attend including Chairman & Secretary of each Committee.
06.30 PM – 08.30 PM	Welcome Dinner at Yan Long Chinese Restaurant at Royal Phuket Hotel for Executive Council Members ONLY. All Executive Members please assemble at the Dara Hotel lobby at 6:30 pm for transportation. Delegates and athletes will have dinner at their respective Hotels.
08 <sup>TH</sup> DECEMBER, 2022 (THURSDAY)	
06.30 AM - 09.30 AM	Breakfast for officials and athletes at the respective Hotels
08.30 AM - 12.00 PM	WBPF Annual Congress at Dara Theatre, Dara Hotel Lobby Level. Buses will pick up those who are staying at Travelodge at 8.30 am to Dara Hotel. <b><i>ALL DELEGATES MUST ATTEND THE CONGRESS. IT IS COMPULSORY.</i></b>

12.00 PM - 02.30 PM	Lunch for all officials and athletes at the respective Hotels. Buses will transfer those who are staying at Travelodge for lunch.
2.00 PM	Buses will leave for delegates & athletes who are staying at Travelodge to Dara Hotel for Weigh-in.
03.00 PM ONWARDS	Weigh-in of all Body Weight Categories and Height Measurements and Checking of Age Groups at Dara Audition, Dara Hotel M floor.
06.30 PM – 08.30 PM	Dinner for Executive Members hosted by WBPF President Datuk Paul Chua at the Sriwara Italian Restaurant. Please assemble at the Dara Hotel Lobby at 6.30 for transportation. Dinner for delegates & athletes will be served at their respective hotel.
<b>09<sup>TH</sup> DECEMBER, 2022 (FRIDAY)</b>	
06.30 AM - 09.30 AM	Breakfast for the officials and athletes at the respective Hotels
08.30 AM	Buses from respective Hotels will bring delegates and athletes to the Competition Venue at Central Phuket for Pre-judging & Finals.
09.30 AM	<p>Prejudging &amp; Finals at Central Phuket 3<sup>rd</sup> floor.</p> <p><b>TOTAL OF 17 EVENTS</b></p> <ul style="list-style-type: none"> <li>• Men's Junior Bodybuilding up to 75kg, over 75kg (2 Categories)</li> <li>• Men's Bodybuilding 55kg, 60kg, 65kg, 70kg (4 Categories)</li> <li>• Women's Junior Fitness Physique age not over 21years (Open Category)</li> <li>• Women's Junior Model Physique age not over 21 years (Open Category)</li> <li>• Women's Fitness Physique up to 160cm, up to 165cm, over 165cm (3 Categories)</li> <li>• Women's Bodybuilding Open categories (Open Category)</li> <li>• Men's Master Bodybuilding 40-49 years – (Open Category)</li> <li>• Men's Master Bodybuilding 50-60 years (Open Category)</li> <li>• Men's Master Bodybuilding Over 60 years (Open Category)</li> <li>• Men's Fitness Physique up to 170 cm, over 170 cm (2 Categories)</li> </ul> <p><i>(Lunch will be provided ONLY at their respective hotel from 12 pm to 2.30 pm. Shuttle Bus will transfer all participants to and from venue to their respective hotel.)</i></p>
03.00 PM	Opening Ceremony and March-Past Parade
04.00 PM	Final Round & Prize Distribution
07.00 PM - 10.00 PM	Dinner for officials and athletes at the respective Hotels
<b>10<sup>TH</sup> DECEMBER, 2022 (SATURDAY)</b>	
06.30 AM - 09.30 AM	Breakfast for the officials and athletes at the respective Hotels
08.30 AM	Buses from respective Hotels will bring delegates and athletes to the Competition Venue at Central Phuket for Pre-judging & Finals.
09.30 AM	<p>Prejudging &amp; Finals at Central Phuket 3<sup>rd</sup> floor.</p> <p><b>TOTAL OF 16 EVENTS</b></p> <ul style="list-style-type: none"> <li>• Men's Bodybuilding 75kg, 80kg, 85kg (3 categories)</li> <li>• Women's Model Physique up to 155cm, 160cm, 165cm, (3 categories)</li> </ul>

	<ul style="list-style-type: none"> <li>• Men's Sport Physique up to 170cm, 175cm, 180cm over 180cm (4 categories)</li> <li>• Women's Sport Physique up to 165cm and over 165cm (2 categories)</li> <li>• Men's Athletic Physique up to 160 cm, 167 cm, 175 (3 categories)</li> <li>• Mixed Pairs (Open Category)</li> </ul> <p><b><i>(Lunch will be provided ONLY at their respective hotel from 12 pm to 2.30 pm. Shuttle Bus will transfer all participants to and from venue to their respective hotel.)</i></b></p>
03.00 PM	Final Round & Prize Distribution
06.30 PM – 08.30 PM	Dinner for officials and athletes at the respective Hotels
<b>11<sup>TH</sup> DECEMBER, 2022 (SUNDAY)</b>	
06.30 AM - 09.30 AM	Breakfast for the officials and athletes at the respective Hotels
08.30 AM	Buses from respective Hotels will bring delegates and athletes to the Competition Venue at Central Phuket for Pre-judging & Finals.
09.30 AM	<p>Prejudging &amp; Finals at Central Phuket 3<sup>rd</sup> floor.</p> <p><b>TOTAL OF 9 EVENTS</b></p> <ul style="list-style-type: none"> <li>• Men's Bodybuilding 90kg, 100kg, over 100kg (3 categories)</li> <li>• Men's Athletic Physique up to 182 cm, over 182 cm (2 categories)</li> <li>• Women's Athletic Physique up to 165 cm, over 165 cm (2 categories)</li> <li>• Women's Model Physique up to 170cm and over 170cm (2 categories)</li> </ul> <p><b><i>(Lunch will be provided ONLY at their respective hotel from 12 pm to 2.30 pm. Shuttle Bus will transfer all participants to and from venue to their respective hotel.)</i></b></p> <p>Prejudging &amp; Finals (continuation)</p> <ul style="list-style-type: none"> <li>• Overall Championship</li> <li>• Men's Team Championship</li> <li>• Women's Team Championship</li> </ul>
05.00 PM	Closing Ceremony & Final Prize Distribution
	Farewell Party for all the Athletes, Officials, Delegate & Supporters At Cafe & Bistro, Dara Hotel M floor.
<b>12<sup>TH</sup> DECEMBER, 2022 (MONDAY)</b>	
06.30 AM – 09.30 AM	Breakfast for officials and athletes at the respective Hotels
12.00 PM	Departure.

**NOTE : MEAL COUPONS WILL BE ISSUED AND IT IS NOT TRANSFERRABLE FROM ONE HOTEL TO ANOTHER. ALL COUPONS WILL BE REGISTERED AS PER THEIR ROOM NUMBERS.**

**: HOTEL ADDRESSES AND CONTACT DETAILS :**

**DARA HOTEL :** 14/18. 14/21 WICHIT, MUEANG PHUKET DISTRICT, 83000 THAILAND.

CONTACT NOS : +66 76 612 846 - 48

**TRAVELODGE PHUKET TOWN:** 159 WICHIT, MUEANG PHUKET DISTRICT, 83000, THAILAND

CONTACT NOS : +66 76 211 699 / +66 93 574 8735

## COMPETITION TERMS AND RULES

REGISTRATION FEES	
Official and Athletes Registration Fees	<p>The total amount of USD 800 for each person for the duration of 6 nights stay in a <b>twin-bedded</b> sharing room. (No triple room will be provided for delegates &amp; athletes with the exception for a child accompanied by their parents upon request , it could be arranged.)</p> <p>This fee includes hotel accommodation, 3 meals per day, shuttle to and from the airport to the hotel and to competition venue and farewell party. The price of the double rooms (USD 800 /6 nights per person x 2 persons= USD1600.00. Single room price USD 1000 for 6 nights. These prices are available for the officials and delegates as well.</p> <p><b>It is compulsory to pay 100 \$ per room as a hotel security deposit at the time of registration. The same will be refunded only after deducting any damages in the hotels, rooms, auditorium or any other places.</b></p>
IMPORTANT NOTICE	
<p><b>Please note it is compulsory for all the participating athletes, official and judges must stay in the official hotel provided by the organisers. Those who do not stay in the official hotel will not be allowed to participate in the said championship.</b></p>	
WBPF Executive Committee:	<p>WBPF Executive Committee members are exempted from paying the Registration Fees, including Patrons and Honorary Life Members. WBPF Executive Committee Members are allowed to be accompanied by their spouse only. Their accommodation, Meals, etc. are on gratis. Standing Committee Members with the exception of the Chairman and Secretary of each Sub Committee may have to share a twin sharing room. If a Sub Committee Member requests a single room, he/she must pay the difference of USD 300.00 for a single room for the duration of 6 nights.</p>
Early Arrivals and Late Departures	<p>Any team or officials arriving early or departing late are required to pay for the extra days per night for a Standard twin bedroom USD130 each day Inclusive only of breakfast (2 persons per room USD260)</p>
<p><b>Please note:</b> <b>For early arrival and late departure, shuttle services will not be provided. You need to find your own transport.</b></p>	
IMPORTANT NOTICE	
<p>Please advise your team before departure not to incur additional expenses.</p>	
Extra Officials	<p>Any judges, coaches or trainers who are not officially participating as an Athlete or Delegate will be responsible for all of their own expenses. Only those whose names are officially recommended in the official entry form by the respective national federation will be allowed to participate as an athlete, official, judge and supporter of that respective country. This rule is also applicable for the family members.</p>
NO EXCEPTION WILL BE MADE UNDER ANY CIRCUMSTANCES.	

Payments	<p>Only cash payments in USD-United States Dollars will be accepted for Registration Fees.</p> <p>You may use Credit Card payment in large departmental stores.</p> <p>It is to be noted by the Guests that all Malls/Departmental stores/Chemists are not having the facility of accepting US Dollars.</p> <p>The rate of exchange from US\$ to Thai Baht may differ at the time of Registration.</p>
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### Judges

In order to assist the WBPF Judges Committee in their selection of judges for this Championship, please forward your nomination for Judges from your National Federation as soon as possible but no later than 10th September, 2022. Judges must possess WBPF International recognized judge's card and must produce to the Judges Committee. Judges nomination to be sent to: Mr Walter Branden, Chairman Judges' Committee – [wbpsfwalter@zeelandnet.nl](mailto:wbpsfwalter@zeelandnet.nl), CC to Ms Christina Y Kam @ - [wbpsf.ckam@yahoo.com](mailto:wbpsf.ckam@yahoo.com) and to the WBPF Secretary-General at [wbpsecgeneral@gmail.com](mailto:wbpsecgeneral@gmail.com)

**ALL JUDGES MUST POSSESS A VALID WBPF JUDGES LICENCE CARD TO OFFICIATE IN THE WORLD CHAMPIONSHIPS WITHOUT WHICH THEY SHALL NOT BE ALLOWED TO OFFCIATE AS A JUDGE.**

### IMPORTANT NOTICE

- Each athlete and the official who wish to participate in the said championship must stay at the official hotel by paying the requisite Registration Fees. Those who bypass the rules and book directly with the hotel will not be eligible to participate in the said championship, attend all the functions (breakfast, lunch and dinner) including entry into the competition venue. No I.D. cards will be issued. They will not be picked at the airport to the hotel vis a vis for departure as well.

Kindly nominate the name of your judges in advance; last minute submission will be rejected. All judges should use a grey suit with the official logo of WBPF and female judges with a grey blazer with a grey skirt or dress pants.

### Participation Rules

- 1) Official or any other guests requesting for a single room have to pay the differences levied by the organizer based on the supporter's rates published herein.
- 2) One judge per country will be allowed on gratis (No registration fee to pay) however, the judge must share a twin bedroom with other judges or officials.
- 3) However, country participating with woman athlete may send 1 (one) extra female judge and no need to pay the registration fee as well but need to share a twin bedroom with another official of the same gender.
- 4) If more than 2 (two) judges (one male and one female) is nominated, he or she has to pay the registration fee, however, a country will be limited to enter two extra judges only, including one female judge to enjoy this privilege on sharing a twin room.

### ADDITIONAL IMPORTANT NOTICE

- 1) No smoking allowed at the venue hall. A fine will be imposed if you break the Rules at the Central Phuket Mall.
- 2) Transit participants are strongly recommended to use the Suvarnabhumi Airport in Bangkok instead of Don Muang Airport. The reason is that you may have to clear your luggage and transfer to the internal airport. Also, you could face difficulties on transportation and encounter Customs examination or Immigration inconveniences.

- 3) From the PHUKET INTERNATIONAL AIRPORT the bus ride will take approximately one hour (1) to your hotel. It is very important that you should DEPART four (4) hours earlier to the Phuket International Airport as the traffic is heavy on the highway and if there were to be any breakdown of vehicle or bad weather, you will be delayed.
- 4) It is to be noted that the Organizer will NOT be responsible of any loss, like valuables, money, or passport.
- 5) Supporters who are arriving with the athletes (family members) will not be picked up from the airport or shall be boarded on the bus for the return trip to the International Airport in Phuket. TWO (2) hotels has been booked for your comfortable stay in Phuket, Thailand from 6-12 December, 2022.
  - a) **DARA HOTEL** : 14/18. 14/21 Wichit, Mueang Phuket District, 83000 Thailand.
  - b) **TRAVELODGE PHUKET TOWN** : 159, Wichit, Mueang Phuket District, 83000 Thailand. It has Gymnasium, Swimming Pool and Wi-Fi facilities.

**The Complete Inspection report of the Hotel, venue and other vital information of the 13<sup>th</sup> World Bodybuilding & Physique Sports Championship and Congress shall be forwarded after the inspection of the venues.**

## COMPETITION REGULATIONS

<b>Venue of Competition</b>	
Date	06 <sup>ST</sup> – 12 <sup>TH</sup> December, 2022
Venue	Phuket, Kingdom of Thailand
Hotel for Officials	Dara Hotel – 14/18, 14/21 Wichit, Mueang Phuket District, 83000 Thailand. Tel : +66 76 612 846 - 48
Delegates & Supporters, Athletes, Team Managers & Coach	Travelodge Phuket Town – 159, Wichit, Mueang Phuket District, 83000 Thailand. Tel : +66 76 211 699 / +66 93 574 8735
<b>A SIMPLE GUIDELINE ON COMPETITION REGULATIONS FOR THE 13<sup>TH</sup> WORLD BODYBUILDING &amp; PHYSIQUE SPORTS CHAMPIONSHIPS IN PHUKET, KINGDOM OF THAILAND</b>	
Secretariat	The Organizing Committee will maintain a Secretariat at the TWO Hotels from 8.00 AM to 10.00 PM from 06 <sup>th</sup> to 12 <sup>th</sup> December, 2022. You may obtain information and assistance from the Secretariat.
<b>Weigh-in and Registration</b>	
Registration for athletes and Weigh-in will take place at Dara Audition (please refer to the day-to-day program) for full details. It is the responsibility of the Chief Delegate or Team Manager to make sure that all athletes are on time for the Weigh-in and Registration. If an athlete is late for the Weigh-in and Registration, that athlete will be disqualified and will have to pay all of his own expenses.	
<b>IMPORTANT NOTICE</b>	
<ul style="list-style-type: none"> <li>• Each athlete must bring his/her passport and posing music to the weigh-in and registration, failing which the athlete weigh-in will not be processed.</li> <li>• No G-string bikinis are allowed. An athlete must comply with specification sheet attached and they must produce their bikinis for verification and approval for the pre-judging and finals at the weigh-in area.</li> <li>• During the weigh-in, all female athletes should be properly dressed. NO PYJAMAS OR NIGHT GOWNS are allowed. This is to protect the image of our sport in the event press or VIPs were to be present during the weigh-in, it will put our sport in an awkward position. Please use track suits or a decent dress/jeans.</li> <li>• At the parade of the nations, if you were to allocate female athletes, she should also appear in a track suit and not in a bikini.</li> <li>• All female athletes are to be reminded that they are participating in a sporting event and not in entertainment venues like night clubs, therefore, we should ask the women to change their behaviour when they come on to the stage in the “walk-in” wiggling their rear ends or looking back into the audience when they stand in the quarter turn facing the back of the stage and stretching out their butt and winking at the judges and the audience. This is not a sports presentation, and it will be seen as sexual harassment to the public.</li> </ul>	
Backstage Access / Dressing Room Access	Access to the backstage and/or dressing room areas shall be strictly limited to essential personnel only. Coaches and trainers who assist athletes in the dressing room area must be of the same sex as the athlete they are assisting.
Camera/Video Tape Equipment	Camera and /or Videotape equipment shall be strictly prohibited in the backstage and /or dressing room areas except when used by the WBPF/WBPF authorized media persons and, in any event, these devices shall be strictly prohibited in the dressing room area.

Parade of Nations	National dress code or track suits to be worn by delegates and /or officials taking part in the Parade of Nations. Only one (1) delegate and two (2) competitors per country must take part in the Parade of the Nations.
Entry Pass Card	Entry Pass will be issued to the Weigh-in and backstage area during the Weigh-in, Pre-judging and Finals. It will be distributed at the Judges/Team Managers Meeting as follows: Five (5) or more competitor – Two (2) Passes will be issued and less than five (5) competitors, one (1) Entrance Pass will be given.
Media Accreditation	All media accreditation, except local media, shall be controlled by the WBPF. All persons wishing to obtain media accreditation for this event must register with the WBPF by completing and signing the WBPF Media Accreditation Form. The form must be submitted to the WBPF by email at <a href="mailto:wbpsf.ckam@yahoo.com">wbpsf.ckam@yahoo.com</a> , and <a href="mailto:wbpsecgeneral@gmail.com">wbpsecgeneral@gmail.com</a>
Athletes without Delegates	All athletes competing at WBPF Championships must be members in good standing of their National Federations. Any athlete who arrives without a delegate must carry on the official letter of Authorization of Participation from his/her National Federation, failing which the athletes will not be eligible to participate.
Failure to Honour Final Entry Form Deadline.	Deadlines are set to assist the Organizer with arranging accommodations, meal, onsite transportation and other Championship's activities. A failure to respect these deadlines is a breach of the WBPF rules. If a National Federation fails to respect the deadline written on the Final Entry Form, each "Official Participant" from that federation will be required to pay all of his or her own expenses, including accommodations, meals, onsite transportation, and access to the Pre-judging, Finals and Farewell Banquet.
Misrepresentation	Misrepresentation is a serious breach of the WBPF Code of Ethics and occurs when an "Official" of a National Federation deliberately misrepresents the number of Athletes and Delegates so as to obtain free-of-charge accommodations, meals, onsite transportation, and access to the prejudging. Finals and farewell Banquet, and other amenities at the expense of the organizer. Part of this misrepresentation may be a false claim that a person is an Athlete only to have that so-called athlete fail to officially register as a competitor at the Weigh-In or, once having officially.
Medical Withdrawal	Once officially registered, no Athlete may withdraw from the competition, without the prior approval of the WBPF Judges Chairman, who has the right to verify the reason for the withdrawal. Any National Federation that fails to seek the prior approval of the WBPF Judges Chairman before withdrawing an athlete shall, for that athlete's non-participation, be fined an amount equal to the Special Package Rate.
Attendance at the WBPF Congress	All National Federations officially participating in the Championships must attend the Congress meeting, including National Federations with athletes and no delegates. In this case, the athlete must attend and represent his country at the congress.
Visa	Please note that the Organizer will not be able to provide landed visa to any country. Therefore, please consult the Thailand Embassy in your country to determine if you need a visa. Upon request, an official invitation letter shall be signed and issued by the Organizer.

	It is to be noted that the Visa Administration process differs from country to country and hence kindly apply well in advance.
Electrical Current	220 voltage at 60 hertz outlet plugs two round holes.
Language	The official language in Thailand is standard Thai . English is spoken in hotels and some restaurants
Doping	Doping will be conducted by the WBPF Anti-Doping Committee.
National Anthem/National Flag	<p>a) You must provide Two (2) National Flags of your country. The flags must be manufactured of dense silk and must measure no more than 2.5 meters x 1.5 meters. You may also provide the digital National Flag on Pen drive.</p> <p>b) You should also provide your National Anthem (shortened version) on Pen drive / CD. Video or cassette not acceptable.</p>
Posing Music	<p>Posing music must be on Pen drive/ CD only and produced with good quality. The music should be cued from the start of the Pen drive/CD. Each competitor must affix his/her name on the Pen drive/CD for easy identification.</p> <p><b>The USE OF PROFANE, VULGAR OR OFFENSIVE LANGUAGE IN POSING MUSIC IS PROHIBITED.</b></p>