



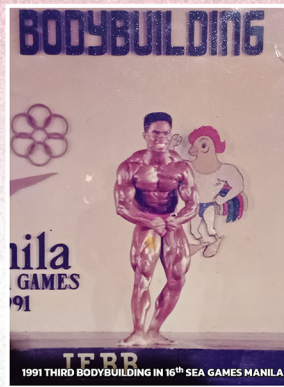
*Datuk Paul Chua*  
**Founder President SEABPF**



*Letchmenon Mariappan*  
**Founder Member SEABPF**

**The South East Asian Bodybuilding Federation (SEABF)** was established in 1995 by **Datuk Paul Chua** and co-founder **M. Letchmenon**. Datuk Chua generously funded the inaugural event and organized the 1<sup>st</sup> SEA Bodybuilding Championships at the Kallang Theatre in Singapore. The primary objective of creating this regional event was to foster goodwill and camaraderie among athletes in the South East Asian region and to strengthen ties among ASEAN countries.





Whenever bodybuilding is included in the South East Asian Games, the SEA Bodybuilding Championships are not held to avoid conflicting with the Games event. Datuk Paul Chua and M. Letchmenon served as the first President and Secretary of the SEABF,



*Dr. Phumvarin Chunhawongvarit*  
**President SEABPF**



*Mr. Sugree Supawarikul*  
**Secretary-General SEABPF**

respectively. The federation's headquarters has been relocated from Singapore to Bangkok, Thailand. The SEABF is recognized by all Olympic Committees in the region and has established itself as a strong and healthy regional body.





## ***The following competitions have been held since 1995***

**1995 1<sup>st</sup> SEA C'Ships in Singapore**

**1996 2<sup>nd</sup> SEA C'Ships in Yangon Myanmar**

**1999 3<sup>rd</sup> SEA C'Ships in Bangkok Thailand**

**2000 4<sup>th</sup> SEA C'Ships in Singapore**

**2001 5<sup>th</sup> SEA C'Ships in Cebu Philippines**

**2002 6<sup>th</sup> SEA C'Ships in Malaka Malaysia**

**2004 7<sup>th</sup> SEA C'Ships in Bali Indonesia**

**2008 8<sup>th</sup> SEA C'Ships in Singapore**

**2009 9<sup>th</sup> SEA C'Ships in Pattaya Thailand**

**2011 10<sup>th</sup> SEA C'Ships in Bangkok Thailand**

**2012 11<sup>th</sup> SEA C'Ships in Yangon Myanmar**

**2014 12<sup>th</sup> SEA C'Ships in Singapore**

**2016 13<sup>th</sup> SEA C'ships in Bangkok Thailand**

**2017 14<sup>th</sup> SEA C'ships in KORAT Thailand**

**2018 15<sup>th</sup> SEA C'Ships in SEAM REAP Cambodia**

**2019 16<sup>th</sup> SEA C'Ships in Yangon Myanmar**

**2023 17<sup>th</sup> SEA C'Ships in Batam Indonesia**

**2024 18<sup>th</sup> SEA C'ships in Vientian Lao**



**Remark! The name of South East Asian Bodybuilding Federation (SEABBF) was changed to South East Asian Bodybuilding and Physique Sports Federation (SEABPF) in 2014 with the approval by the all SEA members.**