



56TH ASIAN BODYBUILDING AND PHYSIQUE CHAMPIONSHIPS AND CONGRESS

6TH TO 12TH AUGUST 2024

PACIFIC PALACE HOTEL BATAM ISLAND – REPUBLIC OF INDONESIA

Under The Umbrella Of The

WORLD BODYBUILDING AND PHYSIQUE SPORTS FEDERATION

IN ORDER TO ASSIST IN THE PLANNING AND ORGANIZATION OF THIS CHAMPIONSHIPS, PLEASE COMPLETE THE FINAL ENTRY FORM TO BE RETURNED BY NOT LATER THAN 01ST JUNE 2024.

FILL FORM IN CAPITAL LETTERS

Name of Federation	
Email Address	
Person to Contact	
Mobile No	

ABBF OFFICIALS, EXECUTIVE COMMITTEE MEMBERS, SUB-COMMITTEE MEMBERS, JUDGES, DELEGATES, TEAM MANAGER COACH ENTRY AND TEST JUDGE

SR NO	NAME	GENDER	DESIGNATION

***KINDLY REFER TO THE ATTACHED LIST OF CATEGORIES FOR ATHLETE ENTRY**

ATHLETES ENTRY

SR NO	NAME	GENDER	CATEGORY
01	SARVESH PARADKAR (EXAMPLE)	MALE	MEN'S BODYBUILDING UP TO 85KG,
			MEN'S MASTER BODYBUILDING 40-49 YRS OVER 80KG





TOTAL NO OF MALE ATHLETES	TOTAL NO OF FEMALE ATHLETES

ARRIVAL INFORMATION		
DATE	TIME	FLIGHT NO

DEPARTURE INFORMATION		
DATE	TIME	FLIGHT NO

PLEASE RETURN THE FINAL ENTRY FORM ALONG WITH PASSPORT COPIES CONFIRMING YOUR PARTICIPATION WITH NAMES OF ALL PARTICIPANTS (DELEGATES, ATHLETES, SUPPORTERS, ETC.), NO LATER THAN 01st June 2024.

Thank you

CHRISTINA KAM
Executive Member - ABBF

: To Be Emailed To :

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wbpfecgeneral@gmail.com





LIST OF DISCIPLINES & CATEGORIES

- 1) Men's Junior Bodybuilding up to 75 kg
- 2) Men's Junior Bodybuilding over 75 kg

- 3) Men's Bodybuilding 55 kg
- 4) Men's Bodybuilding 60 kg
- 5) Men's Bodybuilding 65 kg
- 6) Men's Bodybuilding 70 kg
- 7) Men's Bodybuilding 75 kg
- 8) Men's Bodybuilding 80 kg
- 9) Men's Bodybuilding 85 kg
- 10) Men's Bodybuilding 90 kg
- 11) Men's Bodybuilding 100 kg
- 12) Men's Bodybuilding over 100 kg

- 13) Men's Master Bodybuilding 40 - 49 yrs up to 80 kg
- 14) Men's Master Bodybuilding 40 - 49 yrs over 80 kg
- 15) Men's Master Bodybuilding 50 - 60 yrs up to 80 kg
- 16) Men's Master Bodybuilding 50 - 60 yrs over 80 kg
- 17) Men's Master Bodybuilding over 60 yrs

- 18) Men's Fitness Physique up to 170 cm
- 19) Men's Fitness Physique over 170 cm

- 20) Men's Athletic Physique up to 160 cm
- 21) Men's Athletic Physique up to 167 cm
- 22) Men's Athletic Physique up to 175 cm
- 23) Men's Athletic Physique up to 182 cm
- 24) Men's Athletic Physique over 182 cm

- 25) Men's Sports Physique up to 170 cm
- 26) Men's Sports Physique up to 175 cm
- 27) Men's Sports Physique up to 180 cm
- 28) Men's Sports Physique over 180 cm

- 29) Women's Bodybuilding up to 55 kg
- 30) Women's Bodybuilding over 55 kg

- 31) Women's Junior Fitness Physique 21 yrs and below

- 32) Women's Fitness Physique up to 165 cm
- 33) Women's Fitness Physique over 165 cm





- 34) Women's Athletic Physique up to 165 cm
- 35) Women's Athletic Physique over 165 cm

- 36) Women's Ladies Athletic Physique over 35 yrs old - Open category

- 37) Women's Sports Physique up to 165 cm
- 38) Women's Sports Physique over 165 cm

- 39) Women's Ladies Sports Physique over 35 yrs old - Open category

- 40) Women's Swimsuit Physique up to 165 cm
- 41) Women's Swimsuit Physique over 165 cm

- 42) Women's Junior Model Physique 21 yrs and below

- 43) Women's Model Physique up to 155 cm
- 44) Women's Model Physique up to 160 cm
- 45) Women's Model Physique up to 165 cm
- 46) Women's Model Physique up to 170 cm
- 47) Women's Model Physique over 170 cm

- 48) Women's Ladies Model Physique over 35 yrs old - Open category

- 49) Women's Wellness Physique - Open Category

- 50) Mixed Pairs

- 51) Overa Champion - Mr. Asia 2024

