



55TH ASIAN BODYBUILDING AND PHYSIQUE SPORTS CHAMPIONSHIPS & ELECTORAL CONGRESS

1ST TO 7TH SEPTEMBER 2023 - KATHMANDU, FEDERAL DEMOCRATIC REPUBLIC OF NEPAL

Organized by: Nepal Bodybuilding & Fitness Federation

Under The Auspices of: Asian Bodybuilding and Physique Sports Federation

Sanctioned by: World Bodybuilding And Physique Sports Federation

Supported by National Sports Council, Nepal

- FINAL ENTRY FORM -

In order to assist in the planning and organization of this championships, please complete the Final Entry Form to be returned by not later than 01ST JULY 2023 C.C. this form to abbf.admin@hotmail.com, dinesh.Rajbhandari@gmail.com and abbf.secretary@yahoo.com

FILL UP THE FORM IN CAPITAL LETTERS

| | |
|-----------------|--|
| FEDERATION NAME | |
| FAX | |
| EMAIL ID | |

WBPF EXECUTIVE COUNCIL / SUB-COMMITTEE MEMBER ENTRY (IF SPOUSES ARE ACCOMPANYING THEM, PLEASE SPECIFY)

| | DELEGATE NAME | DESIGNATION | PASSPORT NUMBER |
|---|---------------|-------------|-----------------|
| 1 | | | |
| 2 | | | |
| 3 | | | |

EXTRA DELEGATES / SUPPORTERS ENTRY

| | DELEGATE NAME | MALE / FEMALE | PASSPORT NUMBER |
|---|---------------|---------------|-----------------|
| 1 | | | |
| 2 | | | |
| 3 | | | |

JUDGES ENTRY

| | JUDGE NAME | MALE / FEMALE | PASSPORT NUMBER |
|---|------------|---------------|-----------------|
| 1 | | | |
| 2 | | | |
| 3 | | | |

TEST JUDGE

| | NAME | MALE / FEMALE | PASSPORT NUMBER |
|---|------|---------------|-----------------|
| 1 | | | |
| 2 | | | |

1. JUNIOR MEN'S BODYBUILDING UP TO 75 KG.

| | ATHLETES NAME | PASSPORT NUMBER |
|---|---------------|-----------------|
| 1 | | |
| 2 | | |
| 3 | | |

2. JUNIOR MEN'S BODYBUILDING OVER 75 KG.

| | ATHLETES NAME | PASSPORT NUMBER |
|---|---------------|-----------------|
| 1 | | |
| 2 | | |
| 3 | | |

3. SENIOR MEN'S BODYBUILDING UP TO 55 KG.

| | ATHLETES NAME | PASSPORT NUMBER |
|---|---------------|-----------------|
| 1 | | |
| 2 | | |
| 3 | | |

4. SENIOR MEN'S BODYBUILDING UP TO 60 KG.

| | ATHLETES NAME | PASSPORT NUMBER |
|---|---------------|-----------------|
| 1 | | |
| 2 | | |
| 3 | | |

5. SENIOR MEN'S BODYBUILDING UP TO 65 KG.

| | ATHLETES NAME | PASSPORT NUMBER |
|---|---------------|-----------------|
| 1 | | |
| 2 | | |
| 3 | | |

6. SENIOR MEN'S BODYBUILDING UP TO 70 KG.

| | ATHLETES NAME | PASSPORT NUMBER |
|---|---------------|-----------------|
| 1 | | |
| 2 | | |
| 3 | | |

7. SENIOR MEN'S BODYBUILDING UP TO 75 KG.

| | ATHLETES NAME | PASSPORT NUMBER |
|---|---------------|-----------------|
| 1 | | |
| 2 | | |
| 3 | | |

8. SENIOR MEN'S BODYBUILDING UP TO 80 KG.

| | ATHLETES NAME | PASSPORT NUMBER |
|---|---------------|-----------------|
| 1 | | |
| 2 | | |
| 3 | | |

9. SENIOR MEN'S BODYBUILDING UP TO 85 KG.

| | ATHLETES NAME | PASSPORT NUMBER |
|---|---------------|-----------------|
| 1 | | |
| 2 | | |
| 3 | | |

10. SENIOR MEN'S BODYBUILDING UP TO 90 KG.

| | ATHLETES NAME | PASSPORT NUMBER |
|---|---------------|-----------------|
| 1 | | |
| 2 | | |
| 3 | | |

11. SENIOR MEN'S BODYBUILDING UP TO 100 KG.

| | ATHLETES NAME | PASSPORT NUMBER |
|---|---------------|-----------------|
| 1 | | |
| 2 | | |
| 3 | | |

12. SENIOR MEN'S BODYBUILDING OVER 100 KG.

| | ATHLETES NAME | PASSPORT NUMBER |
|---|---------------|-----------------|
| 1 | | |
| 2 | | |
| 3 | | |

13. MASTER MEN'S BODYBUILDING 40 - 49 YEARS OLD - ONE OPEN CATEGORY.

| | ATHLETES NAME | PASSPORT NUMBER |
|---|---------------|-----------------|
| 1 | | |
| 2 | | |
| 3 | | |

14. MASTER MEN'S BODYBUILDING 50 - 60 YEARS OLD -ONE OPEN CATEGORY.

| | ATHLETES NAME | PASSPORT NUMBER |
|---|---------------|-----------------|
| 1 | | |
| 2 | | |
| 3 | | |

15. MASTER MEN'S BODYBUILDING OVER 60 YEARS OLD -ONE OPEN CATEGORY.

| | ATHLETES NAME | PASSPORT NUMBER |
|---|---------------|-----------------|
| 1 | | |
| 2 | | |
| 3 | | |

16. MEN'S FITNESS PHYSIQUE UP TO 170 CM/0 KG.

| | ATHLETES NAME | PASSPORT NUMBER |
|---|---------------|-----------------|
| 1 | | |
| 2 | | |
| 3 | | |

17. MEN'S FITNESS PHYSIQUE OVER 170 CM/+2 KG.

| | ATHLETES NAME | PASSPORT NUMBER |
|---|---------------|-----------------|
| 1 | | |
| 2 | | |
| 3 | | |

18. TEENAGER ATHLETIC PHYSIQUE (MALE) 15-18YRS – ONE OPEN CATEGORY

| | ATHLETES NAME | PASSPORT NUMBER |
|---|---------------|-----------------|
| 1 | | |
| 2 | | |
| 3 | | |

19. MEN'S ATHLETIC PHYSIQUE UP TO 160CM + 2 KG

| | ATHLETES NAME | PASSPORT NUMBER |
|---|---------------|-----------------|
| 1 | | |
| 2 | | |
| 3 | | |

20. MEN'S ATHLETIC PHYSIQUE UP TO 167CM + 4 KG.

| | ATHLETES NAME | PASSPORT NUMBER |
|---|---------------|-----------------|
| 1 | | |
| 2 | | |
| 3 | | |

21. MEN'S ATHLETIC PHYSIQUE UP TO 175CM + 6 KG.

| | ATHLETES NAME | PASSPORT NUMBER |
|---|---------------|-----------------|
| 1 | | |
| 2 | | |
| 3 | | |

22. MEN'S ATHLETIC PHYSIQUE UP TO 182CM + 8 KG.

| | ATHLETES NAME | PASSPORT NUMBER |
|---|---------------|-----------------|
| 1 | | |
| 2 | | |
| 3 | | |

23. MEN'S ATHLETIC PHYSIQUE OVER 182CM + 10 KG

| | ATHLETES NAME | PASSPORT NUMBER |
|---|---------------|-----------------|
| 1 | | |
| 2 | | |
| 3 | | |

24. MEN'S SPORTS PHYSIQUE UP TO 170 CM - 2 KG.

| | ATHLETES NAME | PASSPORT NUMBER |
|---|---------------|-----------------|
| 1 | | |
| 2 | | |
| 3 | | |

25. MEN'S SPORTS PHYSIQUE UP TO 175 CM/ 0 KG.

| | ATHLETES NAME | PASSPORT NUMBER |
|---|---------------|-----------------|
| 1 | | |
| 2 | | |
| 3 | | |

26. MEN'S SPORTS PHYSIQUE UP TO 180 CM + 2 KG.

| | ATHLETES NAME | PASSPORT NUMBER |
|---|---------------|-----------------|
| 1 | | |
| 2 | | |
| 3 | | |

27. MEN'S SPORTS PHYSIQUE OVER 180 CM + 4 KG

| | ATHLETES NAME | PASSPORT NUMBER |
|---|---------------|-----------------|
| 1 | | |
| 2 | | |
| 3 | | |

28. SENIOR WOMEN'S BODYBUILDING UP TO 55 KG

| | ATHLETES NAME | PASSPORT NUMBER |
|---|---------------|-----------------|
| 1 | | |
| 2 | | |
| 3 | | |

29. SENIOR WOMEN'S BODYBUILDING OVER 55 KG

| | ATHLETES NAME | PASSPORT NUMBER |
|---|---------------|-----------------|
| 1 | | |
| 2 | | |
| 3 | | |

30. JUNIOR WOMEN'S FITNESS PHYSIQUE 21 YRS. AND BELOW - ONE OPEN CATEGORY

| | ATHLETES NAME | PASSPORT NUMBER |
|---|---------------|-----------------|
| 1 | | |
| 2 | | |
| 3 | | |

31. SENIOR WOMEN'S FITNESS PHYSIQUE UP TO 165 CM

| | ATHLETES NAME | PASSPORT NUMBER |
|---|---------------|-----------------|
| 1 | | |
| 2 | | |
| 3 | | |

32. SENIOR WOMEN'S FITNESS PHYSIQUE OVER 165 CM

| | ATHLETES NAME | PASSPORT NUMBER |
|---|---------------|-----------------|
| 1 | | |
| 2 | | |
| 3 | | |

33. TENNAGER ATHLETIC PHYSIQUE 15-18 YRS – ONE OPEN CATEGORY

| | ATHLETES NAME | PASSPORT NUMBER |
|---|---------------|-----------------|
| 1 | | |
| 2 | | |
| 3 | | |

34. SENIOR WOMEN'S ATHLETIC PHYSIQUE UP TO 165 CM

| | ATHLETES NAME | PASSPORT NUMBER |
|---|---------------|-----------------|
| 1 | | |
| 2 | | |
| 3 | | |

35. SENIOR WOMEN'S ATHLETIC PHYSIQUE OVER 165 CM

| | ATHLETES NAME | PASSPORT NUMBER |
|---|---------------|-----------------|
| 1 | | |
| 2 | | |
| 3 | | |

36. SENIOR WOMEN'S SPORT PHYSIQUE UP TO 165 CM

| | ATHLETES NAME | PASSPORT NUMBER |
|---|---------------|-----------------|
| 1 | | |
| 2 | | |
| 3 | | |

37. SENIOR WOMEN'S SPORT PHYSIQUE OVER165 CM

| | ATHLETES NAME | PASSPORT NUMBER |
|---|---------------|-----------------|
| 1 | | |
| 2 | | |
| 3 | | |

38. JUNIOR WOMEN'S MODEL PHYSIQUE 21 YRS. AND UNDER - ONE OPEN CATEGORY

| | ATHLETES NAME | PASSPORT NUMBER |
|---|---------------|-----------------|
| 1 | | |
| 2 | | |
| 3 | | |

39. SENIOR WOMEN'S MODEL PHYSIQUE UP TO 155 CM

| | ATHLETES NAME | PASSPORT NUMBER |
|---|---------------|-----------------|
| 1 | | |
| 2 | | |
| 3 | | |

40. SENIOR WOMEN'S MODEL PHYSIQUE UP TO 160 CM

| | ATHLETES NAME | PASSPORT NUMBER |
|---|---------------|-----------------|
| 1 | | |
| 2 | | |
| 3 | | |

41. SENIOR WOMEN'S MODEL PHYSIQUE UP TO 165 CM

| | ATHLETES NAME | PASSPORT NUMBER |
|---|---------------|-----------------|
| 1 | | |
| 2 | | |
| 3 | | |

42. SENIOR WOMEN'S MODEL PHYSIQUE UP TO 170 CM

| | ATHLETES NAME | PASSPORT NUMBER |
|---|---------------|-----------------|
| 1 | | |
| 2 | | |
| 3 | | |

43. SENIOR WOMEN'S MODEL PHYSIQUE OVER 170 CM

| | ATHLETES NAME | PASSPORT NUMBER |
|---|---------------|-----------------|
| 1 | | |
| 2 | | |
| 3 | | |

44. WOMEN'S SWIMSUIT PHYSIQUE – ONE OPEN CATEGORY

| | ATHLETES NAME | PASSPORT NUMBER |
|---|---------------|-----------------|
| 1 | | |
| 2 | | |
| 3 | | |

45. MIXED PAIRS

| | ATHLETES NAME | PASSPORT NUMBER |
|---|---------------|-----------------|
| 1 | | |
| | | |
| 2 | | |
| | | |
| 3 | | |
| | | |

TOTAL NUMBER OF ATHLETES

| | |
|--------|----------|
| MALE : | FEMALE : |
|--------|----------|

ARRIVAL INFORMATION

| DATE | TIME | FLIGHT NO |
|------|------|-----------|
| | | |

DEPARTURE INFORMATION

| DATE | TIME | FLIGHT NO |
|------|------|-----------|
| | | |

KINDLY FILL UP THE FINAL ENTRY FORM NEATLY AND INSERT AN ASTERIK ** MARK IF AN ATHLETE IS COMPETING IN MORE THAN ONE CATEGORY.

IMPORTANT

PLEASE RETURN THE FINAL ENTRY FORM ALONG WITH PASSPORT COPIES CONFIRMING YOUR PARTICIPATION WITH NAMES OF ALL PARTICIPANTS (DELEGATES, ATHLETES, SUPPORTERS, ETC.), NO LATER THAN 1ST JULY, PLEASE.

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| <p>MR. DINESH RAJBHANDARI Organizing Secretary, NBBFF</p> <p>Mobile: +977 985 1047368 Email ID : Dinesh.rajbhandari@gmail.com</p> | <p>MS. CHRISTINA Y KAM Chairman - Judges Committee, ABBF</p> <p>Email ID: abbf.admin@hotmail.com</p> | <p>MR. SUGREE SUPAWARIKUL Secretary-General, ABBF</p> <p>Mobile: +66 818195003 /+66 816494511. Email ID: abbf.secretary@yahoo.com</p> |
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