

MAN OF THE MONTH FOR MARCH RUDOLF MLCSA - AUSTRIA

Rudolf Mlcsa is a member of the Austrian Bodybuilding and Physique Sports Federation. He is also a member of the WBPF and EBPF Judges Committee.

He was born in January 06, 1939 in Vienna – Austria. Under the Chinese zodiac sign he is a Hare and in English he is a Capricorn.

Rudolf was involved in Bodybuilding as an official since 1976 and has been travelling and officiating as a Judge for over 150 competitions. He also participated in two competitions in the year 1959 and 1960.

His profession was Computer Specialist and now a retiree and living with his wife Claudia.

Rudolf has many favorite bodybuilders and he feel that many of them are marvelous and cannot say exactly who the best bodybuilder he adores .

He enjoys many other sports like Soccer, Ice Hockey, Boxing, wrestling, Skiing, Sail boarding, Sailing and Tennis. His hobbies are: Bodybuilding, Fitness training, Computer working, reading and travelling.

Age is not a barrier for Rudolf, he is active and assisting younger people in most of the European Championships and WBPF is thankful indeed to have a man of his standing.

