

**SINGAPORE BODYBUILDING AND PHYSIQUE SPORTS
FEDERATION ORGANISED ITS INAUGRAL MR.
SINGAPORE 2013 on 13th APRIL LED BY ITS
PRESIDENT KEVIN CHIAK AND A TEAM OF DYNAMIC
YOUNG OFFICIALS SERVING FOR THE GOOD CAUSE
OF THE SPORT**



**MR SINGAPORE
ENAYATHULLAH NAGOOR MEERA**

**1st Runner Up
LEE XUAN JIN DESMOND**

**2nd Runner Up
MAX LIN JIA XIANG**

They did it! This new kid Kevin Chiak on the block managed to pull it together to organise 2 major amateur competitions and also its inaugural 1st Bodybuilding and

Physique Sport competition within 6 months since it was formed.



Executive Members of SBPF and Judges at the competition venue

The crowd was great and was totally impressed by the grand hall at the National University of Singapore, as it was one of the best concert halls available locally. The event was swift in its transition from one category to another without any glitches. And the competition was spectacular as it showcased some the local scene titans and champion battling it out for the coveted title of Mr Singapore 2013. The judging was spot on by the famous and credible panel of judges that includes former Mr Singapore winners, Asian and World champions.



At the 1st National Bodybuilding and Physique Sports Championship yesterday, Desmond Lim (left) took the silver medal behind winner Enayathullah Nagoor Meera. Max Lin Jia Xiang (not in picture) won bronze.

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Body of evidence

New bodybuilding group's efforts to boost sport include Mr S'pore contest

Wang Meng Meng

Bodybuilding has been hit by drug scandals and internal strife and starved of government funding, but a new federation that recently muscled in to revive the sport's sagging fortunes in Singapore is showing off the fruit of its labour.

Yesterday, the upstart organisation, which calls itself the Singapore Bodybuilding and Physique Sports Federation (SBPF), held its inaugural national championships and crowned its first Mr Singapore. Some 400 spectators were present to cheer on the bronzed men at the NUS University Cultural Centre.

The SBPF flexed its biceps as early as January when it organised the National University of Singapore (NUS) Muscle and Fitness War, the largest tertiary competition of its kind here, as well as the HomeTeamNS Bodybuilding Championship in March.

The two events were previously sanctioned by the Singapore Bodybuilding and Fitness Federation (SBBF). They are certainly a feather in the cap for an organisation that was launched in October.

"My mission is to give the bodybuilders a platform to compete," said SBPF president Kevin Chiak, himself the 2010 Mr Singapore, on his decision to create an alternative bodybuilding federation.

The SBPF is not recognised by the Singapore Sports Council as the national sports association (NSA) even though it is affiliated to the World Bodybuilding and Physique Sports Federation and the Asian Bodybuilding and Physique Sports Federation.

Instead, the SBBF continues to be the sport's local governing body, even though it had failed to

renew its affiliation to the Singapore National Olympic Council (SNOC).

Chiak, 46, added: "I hope that the success of our events can convince the SSC and SNOC to nominate our bodybuilders for the SEA Games.

"We hope no bodybuilder will be deprived of a chance to win medals for Singapore. The SBPF wants to do things right and we hope we can change the public's perception of the sport."

To further convince the authorities that its books are in order and its procedures transparent, Chiak revealed that the SBPF will apply for Institution of a Public Character status from the Commissioner of Charities. Most NSAs are now registered charities.

It appears to have already won over several giants in the local scene. The judges at yesterday's championships included eight-time Asian champion Fatholomein Ali and 1993 world champion Azman Abdullah.

Fatholomein, now 63, said: "I can see lots of potential pumping iron in the gyms. They're the future of Singapore bodybuilding and we shouldn't waste their talent.

"The SBPF aims to put them on the right track in the sport. We want to keep bodybuilding clean. We monitor the athletes regularly and we are always advising them to stay clean.

"It's sad that we are not considered for the SEA Games because I can see at least two gold medals from our bodybuilders if they compete this year."

For the new Mr Singapore, Enayathullah Nagoor Meera, 26, it is the SBPF's care and concern that made him decide to compete with the new body.

The fitness trainer said: "The SBPF has been very kind to me. They constantly checked on my training and showed genuine care for the athletes even before I became a competitor.

"Their hospitality won me over."

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All was down to a fierce dog fight between 3 top local bodybuilders, and eventually the overall title of Mr Singapore 2013 was won by the same winner from a previous competition, known by the nickname Sam Enaya. Sam was in fact the very last competitor to submit his entry as he was initially unsure if he could be peak in time for the nationals. But he did it and came up in tip top condition, better shape than he was when he won Muscular in January this year. He brought back the title and the highest prize money of S\$3000. And as we are writing this report, there are already many athletes who expressed their interest in taking part next year. Ladies and gentlemen, SBPF is here to stay! Next stop ABBF Asian Championship in Vietnam. Stay tune