

Late bloomer Kevin Chiak finally succeeded on his third attempt to become Singapore's best bodybuilder when he was crowned Mr. Singapore at the 48th National Championships held on April 10 2010 at the Kreta Ayer People's Theatre in the heart of China Town.

After winning the crown Chiak said: "I felt that something was missing in my life so I chose bodybuilding." "To me, it is an ever-lasting sport because of its varied age and weight categories". Congrats to Chiak.





Singapore's top 8 (eight) bodybuilders winners of their respective weight classes battling for the over-all Mr. Singapore title at the Kreta Ayer People's Theatre on Saturday, 10 April 2010. They are: Fairuz So'od (60 kg.), Jonas Asis Tam (65 kg.), Marcus Fam Shu Han (70 kg.), Muhammad Firdaus Bin Zainal (75 kg.), Bernard Fernandez (80 kg.), Kevin Chiak (85 kg.), Ricky Wong Kah Kit (90 kg.) and Desmond Lee Xuan Jin (+ 90 kg)

The Singapore's Model Physique Invitational was a great hit amongst the audience and unanimously the judges voted for AKANE GUSHIKEN as the winner in this event.



Photo from left: Yekaterina Robacker (Silver Medal), Akane Gushiken (Champion and Gold Medallist) and Rosalind Louse Alexander (Bronze Medal).