

WBPF JUDGING, TECHNICAL AND ANTI-DOPING SEMINARS HELD IN BANDUNG, INDONESIA IN JUNE 2012

Bandung is the capital city of West Java and the third largest city in Indonesia after Jakarta and Surabaya. Nicknamed Parijs van Java (Paris of Java) by the Dutch for its resemblance to Paris and European atmosphere back at the colonial times. Bandung also earned another nickname as Kota Kembang, literally meaning the Flower City since Bandung used to have a lot of flowers.



Group photo with PABBSI officials.

From 19 – 23 June 2012 the All Indonesian Weightlifting, Bodybuilding and Power lifting Association (PABBSI) member of WBPF and ABBF hosted the 1st WBPF Judging & Technical and Anti-Doping Seminars in the city of Bandung, Indonesia.



Christina, Datuk Paul Chua & Sinatra Kaeses, General Secretary of PABBSI

Judging and Technical seminars were conducted by Datuk Paul Chua, Secretary-General of WBPF & ABBF, Ms. Christina Y. Kam, Asst. Secretary-General of WBPF and Chairman of ABBF Judges' Committee and Mr. Alamsyah Wijaya, Secretary of ABBF Technical Committee and Anti-Doping Seminar was conducted by Dr. Arie Soetopo (specialist in sports medicine).



Christina conducting Seminar on Women's & Men's Bodybuilding and Fitness

There were 60 participants from all over the country including Papua Indonesia and all of them were housed at the Guci Hotel in Bandung. The seminars were held at the Conference Hall of Guci Hotel. A special welcome reception was held for Datuk Paul Chua as the Guest of Honour by the Bandung bodybuilding division headed by Mr. Sinatra Kaeses and his colleagues.



Christina, Sinatra, Ronald, Datuk Chua and Alamsyah

Sight –seeing tours were also conducted for Datuk Chua and Ms. Christina Kam during their stay in Bandung at the Grand Hyatt Hotel.



Christina, Datuk Paul Chua & Poppy(wife of Sinatra)

Indonesia plan to organize more seminars in the near future to educate their officials and athletes on Judging, Technical and Anti-Doping matters.



Christina, Poppy and Datuk Paul strolling to the peak of the mountain

On 22nd June 2012 Datuk Chua and Christina went for a tour at Mt. Tangkuban, Perahu. It is still an active volcanic mountain. They walked to the top of the mountain and enjoyed the beautiful scenery.



Datuk Chua and Christina with the beautiful family of Sinatra Kaeses.



Lunch hosted by Imelda (daughter of Sinatra) and her husband at the Chinese Restaurant situated at the foot of the Mt. Tangkuban, Perahu.