

BODYBUILDING CONFIRMED IN THE 2013 SEA GAMES IN MYANMAR SANCTIONED BY WBPF AND ABBF



The Minister's wife together with the Deputy Minister H.E. U Thaung Htike, Ministry of Sports, The Republic of the Union of Myanmar and Datuk Paul Chua witnessing the competitions.

Datuk Paul Chua, Secretary-General, Christina Y. Kam Executive Director together with Dennis Tew from the WBPF and ABBF flew to Yangon, Myanmar on 11th February and stayed till 14th February 2013 at the Sedona Hotel.

The Myanmar Bodybuilding Federation is fully prepared and ready for the 27th South East Asian Games Bodybuilding event to be held from 17 – 20 December 2013 at the Convention Centre, Minndama Road, Insein Township of Yangon Region. The SEA Games is recognized by the International Olympic Council (IOC) and by the Olympic Council of Asia (OCA).



Coaching Certificate presented to Au Naing the former champion bodybuilder and International Judge. Picture from left Datuk Chua, Au Naing and H.E. U Thaung Htike, Minister of Sports

SEA Games 2013 (the 27th SEA Games) will be held in Myanmar, hosted jointly by the new capital of Myanmar – Naypyidaw, Yangon and Mandalay from 11th December to 22nd December 2013. The Opening Ceremony is on 11th December. It will be Myanmar’s third times to hold SEA Games after waiting for 44 years. At first, Vietnam, Philippine and Thailand also proposed to hold the 27th SEA Games but all of them are ineligible since they have been the host of the 23rd, 24th and 25th SEA Games in 2003, 2005 and 2007 respectively.



President of MBBF Hla Myint Swe and Secretary General U Khaw Than busily engaged discussing about the competition programs.

There will be 5 (five) events for bodybuilding:

1. Light Fly Weight – 55kg and below
2. Fly Weight – 60kg and below
3. Light Weight – 70kg and below
4. Light Middle Wt. – 80kg and below
5. Light Heavy Wt. – 90kg and below



Winner of the Model Physique sponsored by NatRay Sports standing with Dennis Tew, Executive Board member of ABBF, Datuk Paul Chua, Chirstina Kam, Executive Director of WBPF together with Mala and Gilbert Chua directors of NatRay Sports in Myanmar.

Technical Handbook SEA Games 2013 for bodybuilding will be published soon and sent to all the 11 (eleven) participating nations:

Flag -



Brunei



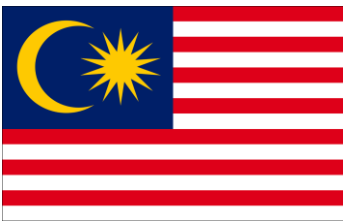
Cambodia



Indonesia



Laos



Malaysia



Myanmar



Philippines



Singapore



Thailand



Timor-Leste

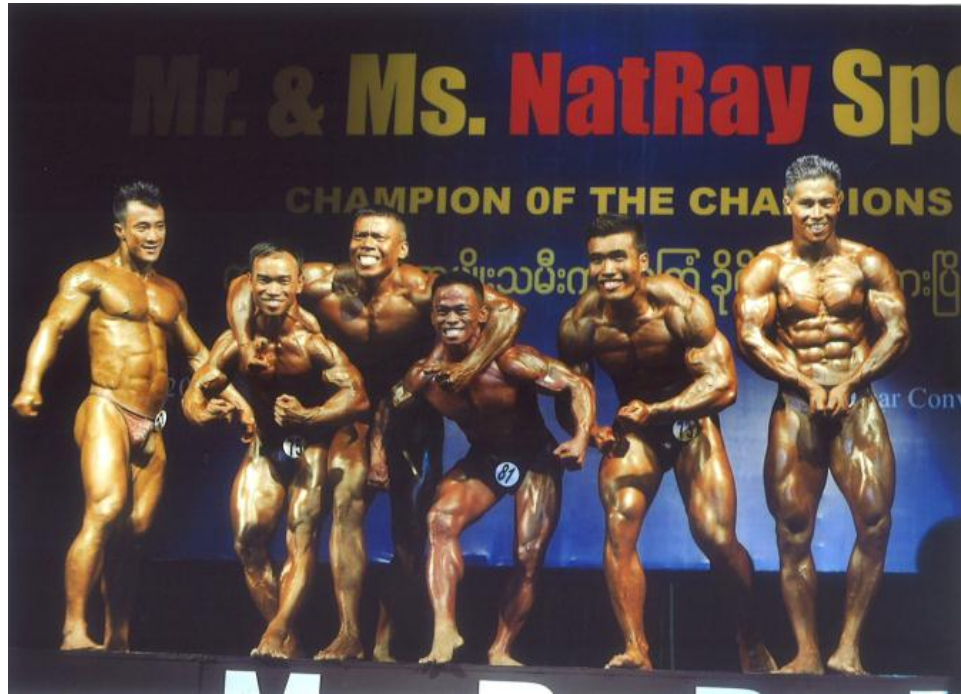


Vietnam

A competition was organized on 11th February 2013 from the various districts of the country and over 120 bodybuilders participated including 15 ladies in the Fitness Model competition.

The Deputy Minister of Sports, H.E. U Thaung Htike from the Ministry of Sports of The Republic of the Union of Myanmar was present and he is also the Vice-President of the Myanmar Olympic Committee, a long time friend of Datuk Paul Chua for over 20 years. The Minister was the VIP Guest of Honor together with Datuk Chua.

The facilities provided by the SEA Games Organizing Committee for the bodybuilding event is excellent and for certain the 27th SEA Games will be a great success this year in Myanmar.



Top bodybuilders of Myanmar flexing their muscles during the pose down.

MBBF hosted a welcome dinner for the three officials from ABBF and WBPF and as well as the farewell dinner party in the Chinese Restaurants since it is the Lunar New Year of the Snake for the Chinese. MBBF President Mr. Hla Myint Swe, Vice-President Tin Maung Win and Secretary-General U Khaw Than thanked the WBPF and ABBF officials for taking their time during the festival season to attend the competition and to inspect several of the venues for the bodybuilding event in the SEA Games.