

**MAN OF THE MONTH FOR
JULY 2013 – MUSTAFA
MOHAMMAD HASSANIEN
(THE GREAT MUSTI OF
AUSTRIA)**



Mohammad Hassaniien who goes by the nick name as Musti is one of the most adored bodybuilder in the Middle East and the world. He was born in Amman, Jordan on 3rd January 1966.

Mustafa in official uniform of the WBPF. He is the Vice-President of the ABPF and EBPF and also an international judge of the WBPF





Mustafa and his lovely family

He is happily married to Susanne since the past 24 years and has 3 children, son Hamza 18 yrs, daughter Maysun 16 and another son Omar 13 years of age.

At the age of 15 Mohammad Hassanien was interested in bodybuilding sport. Prior to that he was involved in Kickboxing. He soon recognized that he has a natural physique and ability to develop with the predisposition for an athletic built in the sport of bodybuilding. Since then he was seriously involved in the sport of Bodybuilding for 17 years.





Mustafa at his peak condition and shape

He was self-motivated to enter into Bodybuilding and he started training in Amman, Jordan in an old gym with only barbells and dumbbells and few homemade benches. The name of the gym is called "Al Hussaein Centre". This gym is utilized by many people and the only gym available for aspiring bodybuilders to train at that time.

The first competition Musti participated was in the Jordanian Championship in Amman in 1986 and he was placed 1st amongst the other top bodybuilders in his country. This result spurred him on and he went on to win several other major titles like:

1992 Europe Champion in Spain, NABBA – 1st place Overall Winner

1992 World Champion, Germany, NABBA – 1st place Overall Winner

1992 Mr. Universe London, Great Britain, NABBA – 1ST place Overall Winner

1998 World Champion, Izmir, Turkey, IFBB – 1st place

1998 Asian Champion, Ho Chi Minh City, Vietnam – ABBF – 1st place

From 1992 – 2000 – Musti was the Arab Champion Overall winner for 8 years consequently.

Musti wanted to fulfill his childhood dream and entered into the pro division and participated in the Joe Weider's Mr. Olympia from 2004 to 2006 and was placed amongst the elite athletes as the top 10 best placed bodybuilder which is a great achievement.

The reason he left his beloved country Jordan in 1987 was to reach with professionalism bodybuilding and to mix with elite bodybuilders, and Europe provide this opportunity thus he made his choice to set up a home with his lovely family to live in Vienna, Austria.





Currently Musti is the owner of the Fitnesscenter "BODYSTEP" the Gym" in Vienna. He devote his time and work out with the athletes, hold seminars about health and fitness, coaching his clients, organize competitions and work with the WBPF Austria and Europe. He is very proud that he was elected as the Vice-President of the Austrian Bodybuilding and Physique Sports Federation (ABPF) and also in the European Bodybuilding and Physique Sports Federation (EBPF). His main goal is to contribute his experience and knowledge to the upcoming athletes and mould them as world class champions.

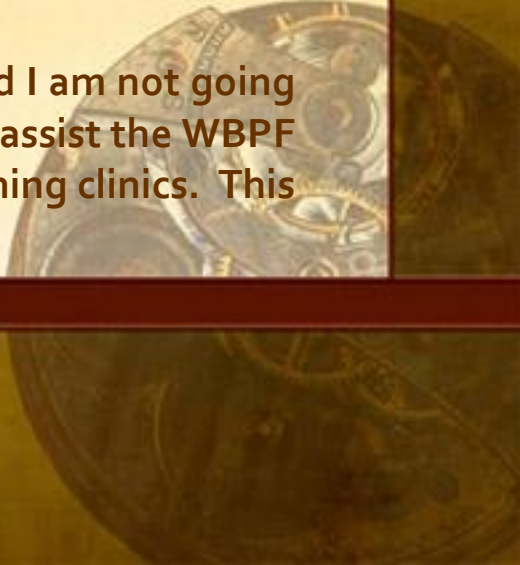
His number one favorite bodybuilder is : **SAMIR BANNOUT**, Mr. Olympia 1983.

WHY DO YOU DISASSOCIATE WITH THE IFBB AND JOIN THE WBPF?

“Well I cannot write about my career with the IFBB. At that time many things happened but I think changing from the IFBB to the WBPF was for me the right decision. Especially my close relationship with Datuk Paul Chua and Mr. Axel Bauer. I enjoy very much working with them. I also feel that mixing of officials between Europe and Asia will give the federation the opportunity to greater success. I have witnessed two great championships, especially in Malacca, Malaysia the WBPF World Championships in 2011 and the European Championships in Kiev, Ukraine in 2013 and I was greatly impressed by the comradeship, warmth and respect given to all delegates and athletes by the leaders of the WBPF. The WBPF is a great big family and I enjoy being with them.”

WILL YOU CONSIDER BEING ON STAGE AGAIN IN THE NEAR FUTURE?

“I am already contented and happy with all I did as an athlete and I am not going to compete again. I will always keep fit and be in good shape and assist the WBPF whenever they require my services to conduct seminars and coaching clinics. This will be my major contribution.”



“I like the Athletic Physique competition for Men and I think this is good for the future for WBPF. I personally think if we stay focus together and help each other, WBPF will be one of the best federations in the world by having leaders like Datuk Paul Chua, Mr. Pradeeb Baba Madhok and Mr. Axel Bauer leading the WBPF.

Right now, Mustafa dream is to work closely and stay focus with Mr. Axel Bauer for the European federation in the organizing system and also to build the Arab Bodybuilding and Physique Sports Federation and bring all Arab brothers to WBPF.

Mustafa wish to work with all people as a one big family unit, and promote the sport of bodybuilding and fitness for the next generation.

